



# HURON COMMUNITY ASSOCIATION (HCA)

## INDOOR PROGRAMS FALL 2020

All HCA indoor programs will be taking place at Williamsburg Community Centre (Building 600, 1187 Fischer-Hallman Rd #620, Kitchener, ON N2E 4H5). Due to present circumstances, there are some changes in place to keep our community safe.

Class sizes may be smaller than they have been in the past. Participants are encouraged to arrive on time for the program and leave once it is finished as we would like to limit the number of participants in the centre at a time. A health screening will be required each time you arrive to the building and masks must be worn at all times throughout the building except if participating in a physical program.

If you have a Leisure Access Card you wish to use or have any questions/concerns regarding programming, please email [hcaprogrammer@gmail.com](mailto:hcaprogrammer@gmail.com)

Registration available on Kitchener Active Net - to view all the Huron programs, search 'Huron' or visit [https://anc.ca.apm.activecommunities.com/activekitchener/activity/search?onlineSiteId=0&activity\\_select\\_param=2&activity\\_keyword=huron&viewMode=list](https://anc.ca.apm.activecommunities.com/activekitchener/activity/search?onlineSiteId=0&activity_select_param=2&activity_keyword=huron&viewMode=list)

INDOOR PROGRAMS FOR CHILDREN					
Program Description	Age	Day/Time	Duration/ Start Date	Cost	Course Code
<b>Gymnastics - Parent Tot</b> Offered in partnership with Kitchener-Waterloo Gymnastics Club! Join the KWGC staff for a structured family program filled with fun activities. Come practice your jumps, rolls and more in a fun and safe space. Maximum ratio of one parent per two children.	2Y-3Y	Thursday 9:15-9:45 AM	12 weeks Sept. 24	\$84.00	56289
	14M-24M	Thursday 10:15-10:45 AM	12 weeks Sept. 24	\$84.00	56290
<b>Babynastics</b> Offered in partnership with Kitchener-Waterloo Gymnastics Club! A structured family activity time where KWGC staff will work with you to guide your little one through a variety of activities. Activities focus on developing motor skills and spatial awareness through play. Join us for a class filled with fun and exploration.	8M-14M	Thursday 11:15-12:15 AM	12 weeks Sept. 24	\$84.00	56292
<b>Intro to Dance</b> Come enjoy a variety of dance moves each week, improving your child's rhythm and coordination.	3Y-4Y	Thursday 4:00-4:45 PM	12 weeks Sept. 24	\$69.36	56296
	3Y-4Y	Thursday 5:15-6:00 PM	12 weeks Sept. 24	\$69.36	56298
	5Y-8Y	Thursday 6:30-7:15 PM	12 weeks Sept. 24	\$69.36	56300
PIANO LESSONS - AGES 6+					
Program Description	Age	Day/Time	Duration/ Start Date	Cost	Course Code
<b>Piano Lessons</b> Learn how to play piano through a private class with our professionally trained instructor. Available for a wide-range of abilities. May be beneficial if there is a piano or keyboard at home to practice.	6Y+	Monday 3:30-4:00 PM	6 weeks Sept. 21 <small>(no class Oct. 12)</small>	\$120.00	56263
		Monday 4:10-4:40 PM	6 weeks Sept. 21 <small>(no class Oct. 12)</small>	\$120.00	56264
		Monday 4:50-5:20 PM	6 weeks Sept. 21 <small>(no class Oct. 12)</small>	\$120.00	56265
		Monday 3:30-4:00 PM	6 weeks Nov. 9	\$120.00	56267
		Monday 4:10-4:40 PM	6 weeks Nov. 9	\$120.00	56268
		Monday 4:50-5:20 PM	6 weeks Nov. 9	\$120.00	56269

<b>Virtual Piano Lessons</b> Learn how to play piano through a private virtual class with our professionally trained instructor over Zoom. Available for a wide-range of abilities. Participants must have a keyboard or piano at home and access to internet. For accessibility inquiries, please email hcaprogrammer@gmail.com	6Y+	Wednesday 4:00-4:30 PM	6 weeks Sept. 23	\$120.00	56271
		Wednesday 4:35-5:05 PM	6 weeks Sept. 23	\$120.00	56273
		Wednesday 5:10-5:40 PM	6 weeks Sept. 23	\$120.00	56274
		Wednesday 5:45-6:15 PM	6 weeks Sept. 23	\$120.00	56276
		Wednesday 6:20-6:50 PM	6 weeks Sept. 23	\$120.00	56277
		Wednesday 6:55-7:25 PM	6 weeks Sept. 23	\$120.00	56278
		Wednesday 4:00-4:30 PM	6 weeks Nov. 4	\$120.00	56280
		Wednesday 4:35-5:05 PM	6 weeks Nov. 4	\$120.00	56281
		Wednesday 5:10-5:40 PM	6 weeks Nov. 4	\$120.00	56283
		Wednesday 5:45-6:15 PM	6 weeks Nov. 4	\$120.00	56284
		Wednesday 6:20-6:50 PM	6 weeks Nov. 4	\$120.00	56285
		Wednesday 6:55-7:25 PM	6 weeks Nov. 4	\$120.00	56286

**LEADERSHIP / FIRST AID COURSES - offered in partnership with KMW Outreach and Williamsburg Community Association**

Program Description	Age	Day/Time	Course Date	Cost	Course Code
<b>Stay Safe</b> This Red Cross course offers basic first aid and safety skills for young youth. Participants learn about being safe when they are without the direct supervision of a parent, guardian, or trusted adult, both at home and in their communities.	8Y-11Y	Friday 4:00-9:00 PM	October 23, 2020	\$50.00	56306
<b>Babysitting Course</b> Offers basic first aid and caregiving skills for youth. Participants learn how to provide care to children in a variety of age groups, and how to prevent and respond to emergencies. The course also offers youth the skills to promote themselves as babysitters to prospective families.	11Y-15Y	Saturday 9:00-4:00 PM	October 3, 2020	\$60.00	56323
<b>CPR-C &amp; AED</b> Online: 3-4 hours In-Class: 4 hours Courses on cardiopulmonary resuscitation (CPR) provide the skills needed to recognize and respond to cardiovascular emergencies and choking for adults, children, and babies depending on the level of CPR chosen. Courses meet legislation requirements for provincial/territorial worker safety and insurance boards, and include the latest CPR guidelines and training in the use of an automated external defibrillator (AED).	13Y+	Saturday 10:00-2:00 PM	September 19, 2020	\$85.00	56386
		Saturday 10:00-2:00 PM	October 17, 2020	\$85.00	56387
<b>Emergency First Aid</b> Online: 3-4 hours In-Class: 4-5 hours Basic one-day course offering lifesaving first aid and cardiopulmonary resuscitation (CPR) skills for the workplace or home. Course meets legislation requirements for provincial/territorial worker safety and insurance boards and includes the latest first aid and CPR guidelines.	13Y+	Saturday 10:00-3:00 PM	September 19, 2020	\$120.00	56388
		Saturday 10:00-3:00 PM	October 17, 2020	\$120.00	56389
<b>Standard First Aid &amp; CPR-C</b> Online: 6-8 hours In-Class: 6-8 hours Comprehensive course offering first aid and cardiopulmonary resuscitation (CPR) skills for those who need training due to work requirements or who want more knowledge to respond to emergencies at home. Course meets legislation requirements for provincial/territorial worker safety and insurance boards and includes the latest first aid and CPR guidelines.	13Y+	Saturday 10:00-3:00 PM	September 19, 2020	\$165.00	56390
		Saturday 10:00-3:00 PM	October 17, 2020	\$165.00	56391