



**SOUTH-WEST
KITCHENER
FALL
2019
PROGRAM
GUIDE**

REGISTRATION BEGINS AUG 20 8:30AM

ACCESSIBLE FORMATS AND COMMUNICATION SUPPORT
AVAILABLE

How to Register:

- Register **ONLINE** with our NEW online registration system- ACTIVE Net at <https://ca.apm.activecommunities.com/activekitchener/>

This new system will allow you to:

- Register for programs using your email address (no more worrying about a PIN and Family ID)
 - Find the programs you're looking for easily with its better search function
 - Experience fewer delays on those prime registration days due to overloaded servers
- Register **IN PERSON** at any Community Centre, Public Pool, or on the 7th floor at City Hall

Refund Statement:

- A 100% refund will be given if you withdraw from a program more than 7 days before the first day of the program.
- Refunds will only be given in the same form as payment made.
- Cash refunds over \$20.00 will be refunded by cheque.
- Please note: If credit is left on an account, the credit will expire after three years.
- NO REFUND will be given if a request to withdraw is made less than 7 days prior to the first day of the program.

How to Access Fee Assistance:

- The City of Kitchener Leisure Access Card offers financial support for residents of Kitchener with low income. The card is specific to city run programs (swimming pools, neighbourhood camps)
Applications can be picked up at any Community Centre or online at www.kitchener.ca/feeassistance
- Both Huron and Williamsburg Community Associations will cover up to 50% of the cost of one program per person, per session with proof of a Leisure Access Card.
Limited funds available. Connect with us 2 weeks prior to registration to start the fee assistance process.
- The Family Outreach Worker can help support program costs such as uniforms, supplies, etc. She can be reached at 519-498-7328 or in person Tuesdays between 9am-12p.m. and Fridays between 2-5 p.m. at the Williamsburg Community Centre.

Inclusion Services Can Help!



If you or your child has a disability or special need, and require accommodation to participate in programs, assistance may be available. Requests should be submitted at least two weeks prior to the program start date to allow time to coordinate the accommodation.

Please call Inclusion Services staff at 519-741-2200, ext. 7229 or TTY 1-866-969-9994.

ROOM RENTALS

Don't have space in your home for a family function? Look no further,



Williamsburg Community Centre features a bright multipurpose room that accommodates up to 55 people. The space is ideal for a meeting or unlicensed event, such as a baby shower or birthday party. You can bring your own food and decorations. There are tables and chairs provided as well as plenty of parking.

Program Listing

Preschool Programs	
Preschool Classes	10
Tiny Treasure	10
Tot Time	10
Fitness and Sport	
Kinder Karate	4
Multisport	4
Parent and Child Movement	4 & 11
Parent and Child Floor Hockey	11
Parent and Child Soccer	11
Tumbling	5
Dance	
Ballet	6 & 11
Groovy Tot	12
Intro to Dance	6

Children and Youth Programs Cont'd	
Art and Music Cont'd	
Pop Kids Choir	8
Uke It Up	12
Vocal Classes	8
Clubs	
Girls Night	6
Kids in the Kitchen	6
Learning and Technology	
3D Modelling/Printing	12
Babysitting Course	13
Little Archaeologist	13
Little Medical School	8 & 13
Little Vet School	8 & 13
Sphero	12

Children and Youth Programs	
Fitness and Sport	
Basketball	4 & 10
Bollywood Kids	10
Dodgeball	10
Hula Hoop	11
Karate	4 & 11
Multisport	4
Parent and Child Movement	4
Soccer	5 & 10
Tumbling	5
Volleyball	5
Williamsburg Running Club	11
Zumba Kids	11
Dance	
Ballet	6 & 11
Dance Party	11
Hip Hop	12
Intro to Dance	6
Art and Music	
Art Explorers	12
Family Art	12
Guitar Classes	6 & 12
Intro to Music	7
Music Therapy	7
Piano Classes	7

Adult Programs	
Fitness and Sport	
Fit for Life	13
Gentle Stretch	13
Hula Hoop Dance/Exercise	13
Mom and Baby Fitness	14
Poi	14
Yogalates	8 & 14
Zumba	8 & 14
Zumba Gold	14
Flow Yoga	8
Gentle Yoga	8 & 14
Mom and Baby Yoga	14
Prenatal Yoga	14
Music	
Guitar Classes	15
Piano Classes	9
Learning Opportunities	
Parenting Workshop	9
Photography	14

Drop In Programs	
ESL (Learn English)	14
Youth Drop In	8 & 13



www.williamsburgcommunity.ca
williamsburg.community@gmail.com
www.facebook.com/williamsburgca
 @williamsburgca



www.huroncommunity.ca
info@huroncommunity.ca
www.facebook.com/huroncommunity
 @huroncommunity

HURON COMMUNITY ASSOCIATION (HCA) PROGRAM INFORMATION

All HCA programs take place at Jean Steckle Public School 130 Woodbine Ave, unless another location is indicated in program guide or on your receipt. Please note, programs will not be running October 12, 14 and 31. Only registered participants permitted in programming rooms. Programs held in the school gym require indoor shoes. Program entrance is at the back of the school off the tarmac. Please email any questions concerning programs to hcaprogrammer@gmail.com

CHILDREN/YOUTH FITNESS AND SPORT

Program Description	Age	Day/Time	Duration/ Start Date	Cost	Course Code
Basketball Program focusing on skill development, team work and sportsmanship! LOCATION: Janet Metcalfe Public School	8Y-12Y	Monday 7:00-8:00 pm	11 weeks Sept. 23 (no class Oct. 14)	\$63.58	38513
Basketball	6Y-9Y	Wednesday 6:30-7:00 pm	12 weeks Sept. 25	\$50.40	37344
	8Y-12Y	Thursday 7:30-8:30pm	11 weeks Sept. 26 (no class Oct. 31)	\$63.58	37333
Karate Karate skills to increase self-confidence, self-discipline, and physical health. Optional testing. Uniforms are available from the instructor at an additional cost. LOCATION: Janet Metcalfe Public School	6Y-9Y	Wednesday 7:30-8:30 pm	12 weeks Sept. 25	\$86.70	38783
Karate	6Y-9Y	Thursday 7:15-8:00 pm	11 weeks Sept. 26 (no class Oct. 31)	\$63.58	37345
	8Y-12Y	Thursday 8:00-8:45 pm	11 weeks Sept. 26 (no class Oct. 31)	\$63.58	37346
Kinder Karate Karate skills to increase self-confidence, self-discipline, and physical health designed for the younger kids. Optional testing and uniforms are available from the instructor at an additional cost. LOCATION: Janet Metcalfe Public School	4Y-5Y	Wednesday 6:30-7:30 pm	12 weeks Sept. 25	\$86.70	38782
Kinder Karate	4Y-5Y	Thursday 6:30-7:15 pm	11 weeks Sept. 26 (no class Oct. 31)	\$63.58	37348
Multisport An introduction to a variety of non-competitive sports focusing on success and building confidence.	3Y-4Y	Tuesday 6:30-7:00 pm	12 weeks Sept. 24	\$50.40	37350
	5Y-8Y	Tuesday 7:00-8:00 pm	12 weeks Sept. 24	\$69.36	37351
	9Y-12Y	Tuesday 8:00-9:00 pm	12 weeks Sept. 24	\$69.36	37352
	4Y-6Y	Saturday 11:00am-12:00 pm	12 weeks Sept. 21 (no class Oct. 12)	\$69.36	37353
Parent & Child Movement A great introduction to a variety of non-competitive sports for parents and tots to participate in together!	2Y-3Y	Saturday 9:00-10:00 am	12 weeks Sept. 21 (no class Oct. 12)	\$69.36	37354
	4Y-5Y	Saturday 10:00-11:00 am	12 weeks Sept. 21 (no class Oct. 12)	\$69.36	37355

Register early to avoid your favourite programs from being cancelled!

CHILDREN/YOUTH FITNESS AND SPORT Cont'd

Program Description	Age	Day/Time	Duration/ Start Date	Cost	Course Code
Soccer Learn the basic skills and rules of soccer and how to work as a team. LOCATION: Janet Metcalfe Public School	3Y-4Y	Monday 6:30-7:00 pm	11 weeks Sept. 23 (no class Oct. 14)	\$46.20	38512
Soccer	3Y-4Y	Thursday 6:30-7:00 pm	11 weeks Sept. 26 (no class Oct. 31)	\$46.20	37377
	5Y-8Y	Thursday 7:00-7:30 pm	11 weeks Sept. 26 (no class Oct. 31)	\$46.20	37378
	3Y-5Y	Saturday 9:00-10:00 am	12 weeks Sept. 21 (no class Oct. 12)	\$69.36	37375
	4Y-6Y	Saturday 10:00-11:00 am	12 weeks Sept. 21 (no class Oct. 12)	\$69.36	38252
	6Y-10Y	Saturday 11:00 am-12:00 pm	12 weeks Sept. 21 (no class Oct. 12)	\$69.36	37376
NEW Tumble Tots Develop gross motor skills through fun and creative movements. Circuits and activities will encourage kids to roll, jump and play. Parent (or sibling if 14+) participation is required. Presented in partnership with K-W Gymnastics. LOCATION: Janet Metcalfe Public School	2Y-3Y	Wednesday 6:30-7:00 pm	12 weeks Sept. 25	\$60.00	38784
NEW Tiny Tumblers Build fundamental gymnastics skills. Circuits and activities will encourage kids to roll, jump and play. Presented in partnership with K-W Gymnastics. LOCATION: Janet Metcalfe Public School	4Y-6Y	Wednesday 7:00-7:30 pm	12 weeks Sept. 25	\$60.00	38785
NEW Junior Tumblers Learn the fundamental movement patterns of gymnastics through safe and creative circuits. This class will encourage individualized skill development and general fitness. Presented in partnership with K-W Gymnastics. LOCATION: Janet Metcalfe Public School	6Y-9Y	Wednesday 7:30-8:15 pm	12 weeks Sept. 25	\$72.00	38786
Volleyball A co-ed volleyball program where participants will learn key skills to improve their volleyball game. Participants will also spend half of the session playing.	10Y-14Y	Wednesday 7:00-8:00 pm	12 weeks Sept. 25	\$69.36	37383

Calling Local Artists

THE WILLIAMSBURG COMMUNITY CENTRE IS PROUD TO BE ONE OF THE LOCATIONS IN WHICH LOCAL ARTISTS CAN DISPLAY THEIR TALENTS TO THE PUBLIC! IF YOU WOULD LIKE TO DISPLAY YOUR ART ON THE WALLS OF THE WILLIAMSBURG COMMUNITY CENTRE, PLEASE CONTACT THE CENTRE AT 519-741-2240 FOR MORE DETAILS!

<https://www.kitchener.ca/en/in-your-neighbourhood/williamsburg.aspx#AmenitiesAccordion>

CHILDREN/YOUTH DANCE

Program Description	Age	Day/Time	Duration/ Start Date	Cost	Course Code
Ballet Enjoy an introduction to ballet, improving your child's rhythm and co-ordination. Classes for ages 5 and up include warm up, dance steps and learning a dance routine. LOCATION: Janet Metcalfe Public School	2.5Y-4Y	Monday 6:30-7:00 pm	11 weeks Sept. 23 (no class Oct. 14)	\$46.20	38509
	2.5Y-4Y	Monday 7:00-7:30 pm	11 weeks Sept. 23 (no class Oct. 14)	\$46.20	38510
	5Y-8Y	Monday 7:30-8:00 pm	11 weeks Sept. 23 (no class Oct. 14)	\$46.20	35811
Ballet	2.5Y-4Y	Tuesday 6:30-7:00 pm	12 weeks Sept. 24	\$50.40	37330
	2.5Y-4Y	Tuesday 7:00-7:30 pm	12 weeks Sept. 24	\$50.40	37331
	5Y-8Y	Tuesday 7:30-8:00 pm	12 weeks Sept. 24	\$50.40	37332
Intro to Dance Come enjoy a variety of dance moves each week, improving your child's rhythm and co-ordination.	2.5Y-4Y	Wednesday 6:30-7:00 pm	12 weeks Sept. 25	\$50.40	37339
	2.5Y-4Y	Wednesday 7:00-7:30 pm	12 weeks Sept. 25	\$50.40	37340
	5Y-8Y	Wednesday 7:30-8:00 pm	12 weeks Sept. 25	\$50.40	37341

CHILDREN/YOUTH COOKING

Kids in the Kitchen A great opportunity for kids to learn basic culinary skills in the kitchen! Each week, the participants will prepare, cook, and taste a different meal. LOCATION: Steckle Heritage Homestead	9Y-12Y	Monday 5:00-6:30 pm	6 weeks Sept. 9 (no class Oct. 14)	\$75.00	37347
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CHILDREN/YOUTH CLUBS





Girl's Night A fun night for girls to hang out and connect with one another! Create new friendships, enhance leadership skills, and increase self-esteem. Themes include arts & crafts (ft. DIY slime!), games, dance and team building exercises!	8Y-12Y	Thursday 7:30-8:30 pm	11 weeks Sept. 26 (no class Oct. 31)	\$63.58	37338
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CHILDREN/YOUTH MUSIC

NEW Guitar Continue to advance your skills through this group guitar class for Intermediate players. Previous experience required such as 'Intro to Guitar' program or experience elsewhere. Participants are required to bring their own acoustic guitar with them each day.	12Y-17Y	Tuesday 7:45-8:30 pm	12 weeks Sept. 24	\$69.36	38189
Introduction to Guitar Learn how to play the guitar through a group introductory class. Course available for children and youth. Participants are required to bring their own acoustic guitar with them each day.	8Y-14Y	Tuesday 7:00-7:45 pm	12 weeks Sept. 24	\$69.36	37342

Register early to avoid your favourite programs from being cancelled!

CHILDREN/YOUTH MUSIC Cont'd

Program Description	Age	Day/Time	Duration/ Start Date	Cost	Course Code
Introduction to Music An introduction to music for young children - a little rhythm and lots of singing! Participants will be introduced to a variety of music types through games, crafts, and songs learning rhythm, beats, and much more!	4Y-6Y	Thursday 6:30-7:15 pm	11 weeks Sept. 26 (no class Oct. 31)	\$63.58	37343
NEW Music Therapy This program offers self-expression and creativity through music making, group interaction and connection. Develop motor skills with group and solo instrument playing. Group led by a music therapist who facilitates group music therapy with children with special needs (autism, developmental delay, etc.)	4Y-9Y	Tuesday 6:30-7:00 pm	12 weeks Sept. 24	\$50.40	38188
Piano Lessons Learn how to play piano through a private class with our professionally trained instructor. Available for a wide-range of abilities. May be beneficial if there is a piano or keyboard at home to practice. For ages 6-17	6Y - 17Y	Thursday 6:30-7:00 pm	5 weeks Sept. 26	\$100.00	37357
	6Y - 17Y	Thursday 7:00-7:30 pm	5 weeks Sept. 26	\$100.00	37358
	6Y - 17Y	Thursday 6:30-7:00 pm	6 weeks Nov. 7	\$120.00	37360
	6Y - 17Y	Thursday 7:00-7:30 pm	6 weeks Nov. 7	\$120.00	37361
  2019 CHRISTMAS FOOD HAMPER & GIFTS The Christmas Bureau helps families living on low income in Kitchener-Waterloo each December. You can apply in person to receive a box of food as well as a turkey. You may also receive gifts if you are the parent or guardian of children under the age of 16. For information visit the website http://christmashampers.ca/  	6Y - 17Y	Saturday 9:00-9:30 am	6 weeks Sept. 21 (no class Oct.12)	\$120.00	37363
	6Y - 17Y	Saturday 9:30-10:00 am	6 weeks Sept. 21 (no class Oct.12)	\$120.00	37364
	6Y - 17Y	Saturday 10:00-10:30 am	6 weeks Sept. 21 (no class Oct.12)	\$120.00	37365
	6Y - 17Y	Saturday 10:30-11:00 am	6 weeks Sept. 21 (no class Oct.12)	\$120.00	37366
	6Y - 17Y	Saturday 11:00-11:30 am	6 weeks Sept. 21 (no class Oct.12)	\$120.00	37367
	6Y - 17Y	Saturday 11:30 am-12:00 pm	6 weeks Sept. 21 (no class Oct.12)	\$120.00	37368
	6Y - 17Y	Saturday 9:00-9:30 am	6 weeks Nov. 9	\$120.00	37369
	6Y - 17Y	Saturday 9:30-10:00 am	6 weeks Nov. 9	\$120.00	37370
	6Y - 17Y	Saturday 10:00-10:30 am	6 weeks Nov. 9	\$120.00	37371
	6Y - 17Y	Saturday 10:30-11:00 am	6 weeks Nov. 9	\$120.00	37372
	6Y - 17Y	Saturday 11:00-11:30 am	6 weeks Nov. 9	\$120.00	37373
	6Y - 17Y	Saturday 11:30 am-12:00 pm	6 weeks Nov. 9	\$120.00	37374

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CHILDREN/YOUTH MUSIC Cont'd

Program Description	Age	Day/Time	Duration/ Start Date	Cost	Course Code
NEW Pop Kids Choir Learn fun and modern "pop" songs as a group, singing harmony, and possibly choreography. Performance opportunity at the end of session. Additional fee of \$10.00 required on the first day for the songbook that participants will keep. LOCATION: Janet Metcalfe Public School	5Y-11Y	Wednesday 6:30-7:30 pm	12 weeks Sept. 25	\$63.58	38789
Vocal Classes A great opportunity for those who want to learn how to sing or how to fine-tune their vocal chords. A trained instructor will work 1:1 with each person to work towards their individual vocal goals. For ages 4-17. LOCATION: Janet Metcalfe Public School	4Y - 17Y	Tuesday 7:30-8:00 pm	4 weeks Sept. 24	\$60.00	38790
	4Y - 17Y	Tuesday 8:00-8:30 pm	4 weeks Sept. 24	\$60.00	38791
	4Y - 17Y	Tuesday 7:30-8:00 pm	4 weeks Oct. 22	\$60.00	38792
	4Y - 17Y	Tuesday 8:00-8:30 pm	4 weeks Oct. 22	\$60.00	38793
	4Y - 17Y	Tuesday 7:30-8:00 pm	4 weeks Nov. 19	\$60.00	38794
	4Y - 17Y	Tuesday 8:00-8:30 pm	4 weeks Nov. 19	\$60.00	38795

CHILDREN/YOUTH LEARNING OPPORTUNITIES

Little Medical School Learn how to use common doctor tools while learning about different organs in our body and how they work. Each week will be a different theme with many take home crafts and activities. Option to purchase a stethoscope and organ sticker sheet at \$25.00 or just a stethoscope for \$16.25.	8Y-12Y	Tuesday 6:30-7:30 pm	6 weeks Sept. 24	\$62.52	37349
NEW Little Vet School Learn about one of our favorite companions - dogs! Learn how to take care of your dog and perform tasks that real vets do! Bring your own stuffed puppy to use in class. Option to purchase dog stuffie for \$10.	8Y-12Y	Tuesday 6:30-7:30 pm	6 weeks Nov. 5	\$62.52	38187

YOUTH DROP IN PROGRAMS

Youth Drop In Come hang out with friends, meet new people, and play some sports and games.	Grade 6 to 9	Friday 6:30-9:00 pm	15 weeks Sept. 13	FREE	
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HURON NATURAL AREA PROGRAMS

<https://www.kitchener.ca/en/things-to-do/huron-natural-area.aspx>

ADULT FITNESS AND SPORT

Program Description	Age	Day/Time	Duration/ Start Date	Cost	Course Code
Yoga-Pilates Yoga and Pilates combined as one for a full body workout, focusing on building strength, flexibility, posture, and so much more! A great way to unwind at the end of a long day! Take this class along with the Gentle Yoga for a full evening of exercise and relaxation. Participants are required to bring along their own yoga mat. LOCATION: Janet Metcalfe Public School	16Y & Up	Monday 6:30-7:25 pm	11 weeks Sept. 23 (no class Oct. 14)	\$63.58	38514
Yoga-Pilates	16Y & Up	Wednesday 6:30-7:25 pm	12 weeks Sept. 25	\$69.36	37384
Gentle Yoga Explore yoga through breathing techniques and proper alignment in poses. A great way to unwind at the end of a long day! Take this class along with the Yoga-Pilates from 6:30 - 7:25 pm for a full evening of exercise and relaxation. Participants are required to bring along their own yoga mat. LOCATION: Janet Metcalfe Public School	16Y & Up	Monday 7:35-8:30 pm	11 weeks Sept. 23 (no class Oct. 14)	\$63.58	38515
Gentle Yoga	16Y & Up	Wednesday 7:35-8:30 pm	12 weeks Sept. 25	\$69.36	37337
Zumba Enjoy a Latin inspired dance aerobic workout through our easy-to-follow fitness classes. You will learn the steps and have a great workout.	16Y & Up	Tuesday 8:00-9:00 pm	12 weeks Sept. 24	\$69.36	37385
ADULT MUSIC					
Piano Lessons Learn how to play piano through a private class with our professionally trained instructor. Available for a wide-range of abilities. May be beneficial if there is a piano or keyboard at home to practice. For ages 18+	18Y & Up	Thursday 7:30-8:00 pm	5 weeks Sept. 26	\$100.00	37359
	18Y & Up	Thursday 7:30-8:00 pm	6 weeks Nov. 7	\$120.00	37362
ADULT LEARNING OPPORTUNITES					
Parenting Now: Social Media & Kids Join fellow parents in the neighbourhood in discussing topics that are relevant today! This free program is offered in partnership with the YMCA, KW Counselling, and the HCA. October 28: Presentation with opportunity for Q/A. November 25: Hands-on security advice and presentation LOCATION: Janet Metcalfe Public School	16Y & Up	Monday 6:30-7:30 pm	2 Classes Oct. 28 Nov. 25	FREE	37356

Register early to avoid your favourite programs from being cancelled!

WILLIAMSBURG COMMUNITY ASSOCIATION (WCA) PROGRAM INFORMATION

WCA programs run at various locations. All program locations can be found on the last page of this guide. **Programs run at Williamsburg Community Centre, unless another location is indicated in program guide or on your receipt. Please note, programs will not be running October 12, 14 and 31.** Only registered participants permitted in programming rooms. Programs held in the school gym require indoor shoes. Please email any questions concerning programs to williamsburg.community@gmail.com.

PRESCHOOL PROGRAMS

Program Description	Age	Day/Time	Duration/ Start Date	Cost	Course Code
Preschool This enriching morning emphasizes early language and literacy through play and has a strong emotional and developmental component. Child must be fully toilet trained please, no pull ups.	2.5Y-4Y	Monday 9:15-11:30 am	12 weeks Sept. 16 (no class Oct. 14)	\$144.00	37319
	2.5Y-4Y	Tuesday 9:15-11:30 am	13 weeks Sept. 17	\$156.00	37320
	2.5Y-4Y	Wednesday 9:15-11:30 am	13 weeks Sept. 18	\$156.00	37321
	2.5Y-4Y	Thursday 9:15-11:30 am	12 weeks Sept. 19 (no class Oct. 31)	\$144.00	37322
Tiny Treasures Make adorable hand and footprint art. It's a great opportunity to bond with your baby, expose them to art early and to meet other caregivers. Class is every other week to allow for growth.	0-12 months	Monday 11:45am - 12:30 pm	6 weeks Sept. 16 (no class Oct. 14)	\$30.00	40430
	0-12 months	Wednesday 11:45am - 12:30 pm	6 weeks Sept. 23	\$30.00	40431
Tot Time Join your toddler for a fun class of circle time, crafts and play! Drop in for \$3.50 per child is also an option.	1Y-3Y	Friday 9:15-10:15 am	13 weeks Sept. 20	\$45.50	37323

CHILDREN/YOUTH FITNESS & SPORT

Basketball Learn and develop your basketball skills. LOCATION: Williamsburg Public School	9Y-12Y	Monday 6:35-8:00 pm	12 weeks Sept. 16 (no class Oct. 14)	\$60.00	37283
Basketball LOCATION: John Sweeney Catholic School	11Y-14Y	Tuesday 6:05-7:30 pm	13 weeks Sept. 17	\$65.00	37285
Basketball LOCATION: John Sweeney Catholic School	7Y-10Y	Saturday 9:05-10:00 am	12 weeks Sept. 21 (no class Oct. 12)	\$60.00	37284
Bollywood Kids Kids learn the basic steps of Bollywood Dance including hip movements, hand postures and foot work. A great workout, lots of fun and awesome music!	6Y-15Y	Wednesday 7:00-7:55 pm	13 weeks Sept. 18	\$71.50	37288
Dodgeball Have fun and get fit playing everyone's favourite gym game in a fun, non-competitive environment. LOCATION: WT Townshend School	8Y-12Y	Tuesday 6:35-7:30 pm	13 weeks Sept. 17	\$58.50	37291
Indoor Soccer Learn and develop your soccer skills. LOCATION: Williamsburg Public School	5Y-7Y	Wednesday 6:30-7:25 pm	13 weeks Sept. 18	\$58.50	37303
Indoor Soccer LOCATION: Williamsburg Public School	8Y-11Y	Wednesday 7:30-8:25 pm	13 weeks Sept. 18	\$58.50	37304

Register early to avoid your favourite programs from being cancelled!

CHILDREN/YOUTH FITNESS & SPORT Cont'd

Program Description	Age	Day/Time	Duration/ Start Date	Cost	Course Code
Karate-White and Plain Red Belt Basic training and skills to increase self-confidence, self-discipline and physical health. Testing and belts available at extra cost if desired. ** This class is ideal for beginners/white belts and plain red belts. LOCATION: John Sweeney Catholic School	6Y-15Y	Saturday 10:05-11:00 am	12 weeks Sept. 21 (no class Oct. 12)	\$60.00	37308
Karate-Red Belt One Stripe & Up Basic training and skills to increase self-confidence, self-discipline and physical health. Testing and belts available at extra cost if desired. ** This class is ideal for Red belts with one stripe and higher. LOCATION: John Sweeney Catholic School	6Y-15Y	Saturday 11:05-12:00 pm	12 weeks Sept. 21 (no class Oct. 12)	\$60.00	37307
NEW Kids Hula Hoop Have tons of fun and get awesome exercise learning tricks and mastering the hula hoop!	7Y-13Y	Tuesday 6:00-6:50 pm	13 weeks Sept. 17	71.50	38339
Parent & Child Floor Hockey Have fun alongside your toddler exploring floor hockey developing gross motor skills. Parents must participate. LOCATION: Williamsburg Public School	2Y-5Y	Saturday 9:05-9:55 am	12 weeks Sept. 21 (no class Oct. 12)	\$54.00	37315
Parent & Child Soccer Have fun alongside your toddler exploring all the gross motor skills necessary for soccer. Parents must participate. LOCATION: Williamsburg Public School	2Y-5Y	Saturday 10:00-10:50 am	12 weeks Sept. 21 (no class Oct. 12)	\$54.00	37314
NEW Parent & Child Sports Have fun alongside your toddler exploring all of the gross motor skills necessary for a variety of sports. A great intro to sports! Parents must participate. LOCATION: Williamsburg Public School	2Y-5Y	Saturday 11:00-11:50 am	12 weeks Sept. 21 (no class Oct. 12)	\$54.00	38508
Williamsburg Running Club Learn techniques of running and build up your endurance! When the weather allows, running practice will be taken outside! LOCATION: John Sweeney Catholic School	8Y-14Y	Saturday 9:30-10:25 am	12 weeks Sept. 21 (no class Oct. 12)	\$60.00	37325
Zumba Kids An aerobic program featuring meringue, belly dancing, salsa, tango, cumbia, hip hop & more. Lots of fun dancing just for kids!	5Y-11Y	Wednesday 6:05-6:50 pm	13 weeks Sept. 18	\$71.50	37329

CHILDREN/YOUTH DANCE

Ballet An introduction to ballet as well as a chance to further develop dance skills.	3Y-4Y	Thursday 4:00-4:30 pm	12 weeks Sept. 19 (no class Oct. 31)	\$48.00	37280
	4Y-6Y	Thursday 4:30-5:00 pm	12 weeks Sept. 19 (no class Oct. 31)	\$48.00	37281
	4Y-6Y	Saturday 10:30-11:00 am	12 weeks Sept. 21 (no class Oct. 12)	\$48.00	37279
Dance Party Have a blast exploring all sorts of different dance styles. Participants are encouraged to contribute to routine and choreography.	7Y-12Y	Saturday 11:00-11:45 am	12 weeks Sept. 21 (no class Oct. 12)	\$54.00	37290

CHILDREN/YOUTH DANCE Cont'd

Program Description	Age	Day/Time	Duration/ Start Date	Cost	Course Code
Groovy Tots This is the class where our toddlers teach us how to dance by letting loose and just having fun! Parents must participate with child.	1.5Y-3Y	Saturday 9:45-10:30 am	12 weeks Sept. 21 (no class Oct. 12)	\$54.00	37299
Hip Hop Learn all of the latest hip hop moves! This class is great exercise and loads of fun everyone!	8Y-12Y	Thursday 5:00-5:45 pm	12 weeks Sept. 19 (no class Oct. 31)	\$54.00	37300

CHILDREN/YOUTH ART

Art Explorers Participants will explore their artistic creative side using all sorts of different art techniques and mediums.	6Y-10Y	Monday 5:10-5:55 pm	12 weeks Sept. 16 (no class Oct. 14)	\$54.00	37278
Family Art Spend your time as a family together creating beautiful art! Many different mediums will be used. Adult and child(ren) must each be registered in program.	4Y & Up	Monday 6:05-6:50 pm	12 weeks Sept. 16 (no class Oct. 14)	\$48.00	37294

CHILDREN/YOUTH MUSIC

Beginner Guitar This group lesson is a great way to learn the basics of guitar in a group setting! Please bring your own acoustic guitar. Adults and children 10 and over are welcome. LOCATION: Chartwell Westmount	10Y & Up	Thursday 6:00-6:55 pm	12 weeks Sept. 19 (no class Oct. 31)	\$54.00	37286
Intermediate Guitar This group lesson is a great way to continue your guitar learning from Beginner Guitar! Please bring your own acoustic guitar. Adults and children 10 and over are welcome. LOCATION: Chartwell Westmount	10Y & Up	Thursday 7:00-7:55 pm	12 weeks Sept. 19 (no class Oct. 31)	\$54.00	37305
Uke it Up Learn the basics of the Ukulele and learn how fast you can pick it up and learn songs! If you do not have your own Ukulele, arrangements can be made to rent one at an additional cost.	8Y-14Y	Tuesday 4:00-4:50 pm	13 weeks Sept. 17	\$58.50	37324

CHILDREN/YOUTH TECHNOLOGY

NEW 3D Printing and Modelling Creativity meets production in this hands-on 3D course. Learn how to Design simple 3D objects and prepare them for 3D printing with Tinkercad. Designers, hobbyists, teachers, and kids use Tinkercad to make toys, prototypes, home decor, Minecraft models, jewelry – the list is truly endless!	8Y-14Y	Friday 3:45-4:45 pm	8 weeks Sept. 27	\$85.00	38507
NEW Sphero This course will teach the basics of managing and handling a Sphero using the official Sphero app. By learning the basics and more advanced functions of a Sphero, students will learn basic programming, math and physics in a fun and exciting way.	5Y-8Y	Friday 3:45-4:45 pm	8 weeks Sept. 27	\$85.00	37293

CHILDREN/YOUTH LEARNING OPPORTUNITIES

Program Description	Age	Day/Time	Duration/ Start Date	Cost	Course Code
NEW Little Archeologists Children will explore the world of history and archeology and learn about fossils and ancient civilizations. Each week will be a different theme with many take home crafts and activities.	4Y-12Y	Monday 4:15-5:00 pm	12 weeks Sept. 16 (no class Oct. 14)	\$72.00	38333
NEW Little Medical School- First Aid, Brain and More Learn basic first aid and create your own kit to take home! Make models of the brain and spine, and so much more!	4Y-12Y	Monday 3:45-4:40 pm	6 weeks Sept. 16 (no class Oct. 14)	\$95.00	37309
Little Vet School Explore the exciting world of Veterinarians and learn about one of our favorite companions - dogs! Learn how to take care of your dog and perform tasks that real vets do! Bring your own stuffed puppy to use in class. Option to purchase dog stuffie for \$10.	4Y-12Y	Monday 4:45-5:40 pm	6 weeks Sept. 16 (no class Oct. 14)	\$95.00	37310
NEW Red Cross Babysitting Course This course being held on a PD DAY is designed to teach children how to create and manage a babysitting business, gain the skills to supervise younger siblings or other children in a safe and responsible manner, and learn basic first aid skills. Please bring a nut free lunch and snacks and please bring a doll for the class. This course is offered in partnership with Safety Tree Canada, and the WCA. For more info. visit www.safetytreecanada.com . LOCATION: To Be Determined	10.5Y-16Y	Friday 9:00am-4:00pm	1day Oct. 25	\$65.00	39667

YOUTH DROP IN

Youth Drop In Come and hang out with friends, meet new people and play some games and sports. LOCATION: Williamsburg Public School	11Y-15Y	Friday 6:30-8:30 pm	13 weeks Sept. 20	\$1.00	
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ADULT FITNESS & SPORT

Fit For Life Increase endurance, strengthen muscles and boost your energy level using light weights and body resistance.	16Y & Up	Tuesday 9:15-10:10 am	13 weeks Sept. 17	\$84.50	37295
Gentle Stretch Stretch and extend your whole body to tone and build muscle and increase flexibility. A great class to take after Fit For Life!	16Y & Up	Tuesday 10:15-11:10 am	13 weeks Sept. 17	\$84.50	37298
Hula Hoop Dance/Exercise Class We bet you haven't taken a dance class like this before! Have fun and sweat it out in this very unique dance/exercise class. Participants will have a blast learning fun new tricks and dance moves with the hula hoops and get a TON of exercise as well. Hula hoops provided. Option to purchase a hoop of your very own available! No experience or skill required.	16Y & Up	Tuesday 7:00-7:55 pm	13 weeks Sept. 17	\$78.00	37302

ADULT FITNESS & SPORT Cont'd

Program Description	Age	Day/Time	Duration/ Start Date	Cost	Course Code
Mommy and Baby Fitness Join us for a great workout with your 6 wk - 12 mth old baby as your partner! New Moms are encouraged as discussion takes place about body recovery after giving birth, but all parents are welcome!	16Y & Up	Friday 10:30-11:25 am	13 weeks Sept. 20	\$84.50	37313
NEW Poi Develop coordination, rhythm, grace, balance and great toning in the arms using props called 'poi'. Check out poi spinning on YouTube and join us for this beautiful and enjoyable class! Props included as well as instructions on how to make your own set for under \$5! No experience required.	16Y & Up	Tuesday 8:00-8:55 pm	13 weeks Sept. 17	\$78.00	38336
Zumba Gold Same awesome aerobic dance workout using meringue, salsa, tango, cumbia and hip hop moves at a lower intensity.	16Y & Up	Wednesday 5:10-6:00 pm	13 weeks Sept. 18	\$78.00	37328
Zumba An aerobic program featuring meringue, salsa, tango, cumbia, hip hop and more. Best of all, it is lots of dancing fun!	16Y & Up	Wednesday 8:00-8:55 pm	13 weeks Sept. 18	\$78.00	37327
Flow Yoga A dynamic sequence of postures that strengthen, tone and energize the body and mind with some relaxing Hatha poses mixed in.	16Y & Up	Monday 8:00-8:50 pm	12 weeks Sept. 16 (no class Oct. 14)	\$78.00	37296
Gentle Flow Yoga A dynamic sequence of postures that strengthen, tone and energize the body and mind with some relaxing Hatha poses mixed in at a less intense pace.	16Y & Up	Thursday 6:00-6:50 pm	12 weeks Sept. 19 (no class Oct. 31)	\$78.00	37927
NEW Mom & Baby Yoga Enjoy the benefits of Yoga with your baby by your side! Toys and mats are available to keep baby occupied. Recommended for babies 12 mths and under.	16Y & Up	Thursday 2:15-3:10 pm	12 weeks Sept. 19 (no class Oct. 31)	\$78.00	38342
Prenatal Yoga Enjoy the benefits of yoga while strengthening and preparing for labour and motherhood.	16Y & Up	Thursday 7:15-8:10 pm	12 weeks Sept. 19 (no class Oct. 31)	\$84.50	37318
Yogalates A fusion of Pilates for core strength and Yoga for toning and increased flexibility.	16Y & Up	Monday 7:00-7:50 pm	12 weeks Sept. 16 (no class Oct. 14)	\$78.00	37326
ADULT LEARNING OPPORTUNITIES					
NEW Photography Part 2 Extend the learning and knowledge of your DSLR camera. Completing our first photography class is highly recommended. Please bring your camera to class. Class may meet in outdoor locations a few times for practice.	16Y & Up	Thursday 7:00-8:30 pm	5 weeks Sept. 19 (no class Oct. 31)	\$50.00	37316

Register early to avoid your favourite programs from being cancelled!

ADULT MUSIC					
Program Description	Age	Day/Time	Duration/ Start Date	Cost	Course Code
Beginner Guitar This group lesson is a great way to learn the basics of guitar in a group setting! Please bring your own acoustic guitar. Adults and children 10 and over are welcome. LOCATION: Chartwell Westmount	10Y & Up	Thursday 6:00-6:55 pm	12 weeks Sept. 19 (no class Oct. 14)	\$54.00	37286
Intermediate Guitar This group lesson is a great way to continue your guitar learning from Beginner Guitar! Please bring your own acoustic guitar. Adults and children 10 and over are welcome. LOCATION: Chartwell Westmount	10Y & Up	Thursday 7:00-7:55 pm	12 weeks Sept. 19 (no class Oct. 31)	\$54.00	37305
ADULT DROP IN					
Intermediate Level English (ESL) Join us! Learn and improve on your conversational English and meet new people.	16Y & Up	Tuesday/Thursday 1:00-2:30 pm	13 weeks Sept. 17 (no class Oct. 31)	Free	



Dear Neighbours,

The Williamsburg Community Association (WCA) and the Huron Community Association (HCA) have some amazing programming lined up for the next session. I encourage all to take a look through the programs and perhaps try something new this fall!

One of the newest programs offered by the HCA this fall are group music therapy sessions every Tuesday at Jean Steckle Public School. These group sessions led by a music therapist are specifically for children with special needs, and will offer self-expression and creativity, help with the development of fine motor-skills, and turn-taking.


The 13th Annual Williamsburg Community Festival is upcoming on Sunday, September 8, 2019. As always, the community festival is a great way to kick off fall and enjoy family-friendly entertainment all day! For more programming details, visit: williamsburgcommunity.ca or on Active Net for more information.

Do you have a city-related question or comment? Please be in touch! I'm always happy to hear from you.

Sincerely,



Councillor Kelly Galloway-Sealock – Ward 5
 Email: kelly.galloway-sealock@kitchener.ca

Office: 519-741-2791
 @gallowaykelly

Cell: 519-591-4511

Program Locations



Jean Steckle Public School
130 Woodbine Avenue
Kitchener, ON
N2R 1Y2

Williamsburg Public School
760 Commonwealth Crescent
Kitchener, ON
N2E 4K7

Janet Metcalfe Public School
335 Seabrook Dr
Kitchener, ON
N2R 0G3

Steckle Farms
811 Bleams Rd
Kitchener, ON N2E
3X4



Williamsburg Community Centre
1187 Fischer Hallman Rd.
Bldg 600 Suite 620
Second Floor
Kitchener, ON
N2G 4G7

WT Townshend Public School
245 Activa Avenue
Kitchener, ON
N2E 4A3

John Sweeney Catholic School
185 Activa Avenue
Kitchener, ON
N2E 4A1

Chartwell Westmount Residence
190 David Bergey Drive
Kitchener, ON
N2E 0E7