Winter 2026

Program Guide

Registration Opens @ 8:30am

Kitchener Residents: December 9th

Non-Kitchener Residents: December 16th

KITCHENER

Huron Community Association

How to Register:

* Register ***ONLINE*** with our online registration system-ActiveNet www.kitchener.ca/activenet
* Register ***IN PERSON*** at any Community Centre or Public Pool.

Scan here to start your registration!

Refund Statement:

* A 100% refund will be given if you withdraw from a program more than 7 days before the first day of the program.
* Refunds will only be given in the same form as payment made.
* Cash refunds over $20.00 will be refunded by cheque.
* Please note: If credit is left on an account, the credit will expire after three years.
* NO REFUND will be given if a request to withdraw is made less than 7 days prior to the first day of the program.

Inclement Weather Policy:

HCA programs will be cancelled if the Huron Community Centre closes due to inclement weather. Inclement weather statements and cancellations will be shared through our social media pages and emails will be sent to participants regarding cancellation. Phone calls will not be made. Should a program be occurring outdoors, and inclement weather arises that puts participants in danger (i.e., thunder), the program will be immediately cancelled.

How to Access Fee Assistance:

* If program fees are preventing you, or a member of your family from joining a City or Neighbourhood Association program, you could qualify for Leisure Access fee assistance. These funds can be put towards any Neighbourhood Association programs or City of Kitchener programs.
* To find out if you qualify and to apply, visit www.kitchener.ca/feeassistance.
* If you require help applying, please visit any Community Centre or Kitchener City Hall with your required documents during operating hours. Or call Inclusion Services at 519-904-5793 for support.
* The Huron Community Association will cover up to 50% of the cost of one program per person, per session with proof of a Leisure Access Card. *Limited funds available.

Family Outreach Program Support: House of Friendship's local Family Outreach Worker, Eric can support with program subsidies if needed, and can be reached at 519-742-8327 x 245.

Inclusion Services Can Help!

If you or your child has a disability or special need, and requires accommodation to participate in programs, assistance may be available. Requests should be submitted at least two weeks prior to the program start date to allow time to coordinate the accommodation. Please call Inclusion Services staff at 519-904-5793 or TTY 1-866-969-9994.

How to contact the Huron Community Centre:
80 Tartan Avenue
519-741-2478
huroncc@kitchener.ca

How to contact the Huron Community Association:
www.huroncommunity.ca
info@huroncommunity.ca
/huroncommunity

House of Friendship Family Outreach Program

The House of Friendship's Family Outreach Workers can connect you to the support your family needs!

The Family Outreach Program is a neighbourhood-based program that works with families with children aged 17 and under.

Family Outreach Workers work with families to help meet basic needs by problem-solving solutions together, connecting them with services in their community and providing direct support when necessary.

If you have children 17 and under, and are living on a low income, and would like to get connected to one our Family Outreach Workers, see the information below.

INFO@FAMILYOUTREACH.CA

519-742-8327 X 245

WWW.FAMILYOUTREACH.CA

HURON COMMUNITY ASSOCIATION (HCA)

PROGRAM INFORMATION

* HCA programs will not be running on February 16 and March 16-20
* Only registered participants are permitted in programming spaces. All other patrons are welcome to wait in our lobby spaces.
* Programs in gyms 2 and 3 do not have viewing access.
* Please note that programs in the gym require indoor shoes with non-marking soles. Cleats are not permitted indoors.
* Unless specified, program equipment is provided.
* Please email any questions concerning programs to huroncc@kitchener.ca

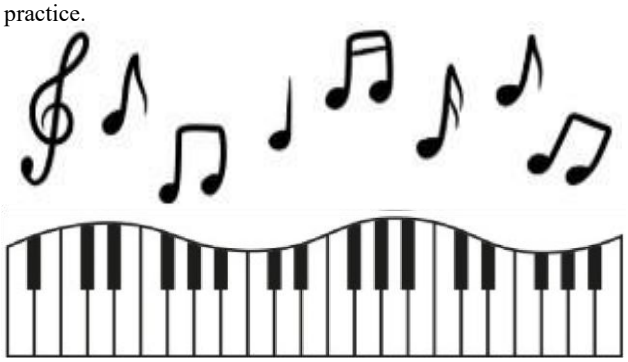
Adult and Tot

Caregiver participation is required for all adult and tot programs. Caregiver participation is limited to one guardian. No unregistered siblings are allowed in the program.

Description	Ages	Day/Time	Duration	Room	Cost	Barcode
Adult & Tot Dance Enjoy an introduction to dance, improving rhythm and coordination. Participants will work with their caregiver and together, learn new moves that build onto a mini dance routine.	2-3Y	Friday 4:00-4:40pm	10 Weeks Jan 16-Mar 27 (no class Mar 20)	Program Room 2	$60.00	**201020**
Adult & Tot Soccer Parents/Guardians work with their child on their soccer drills during this active program! Participants will be running, dribbling, shooting, and passing with a parent/ guardian. 	2-3Y	Saturday 9:00-9:55am	11 Weeks Jan 17-Mar 28	Gym 1	$77.00	**200944**
	2-3Y	Saturday 10:00-10:55am	11 Weeks Jan 17-Mar 28	Gym 1	$77.00	**200943**
Adult & Tot Multisport An introduction to a variety of non-competitive sports focusing on fun, recreation, basic skills building, and building self-confidence. Participants will play a variety of sports and active games in this program, while interacting with their caregiver.	2-3Y	Tuesday 4:00-4:40pm	10 Weeks Jan 13-Mar 24 (no class Mar 17)	Gym 1	$70.00	**200284**
	2-3Y	Tuesday 5:00-5:40pm	10 Weeks Jan 13-Mar 24 (no class Mar 17)	Gym 1	$70.00	**200286**

Child/Youth and Adult Music

To register for a session of piano lessons, enter the program code from the DAY of the week you wish to have lessons on. From that code ALL program time slots will be shown for you to select from. Piano lessons run in 30 minutes sessions.

Piano Lessons Learn how to play piano through a private class with our professionally trained instructor. Available for a wide range of abilities. A piano or keyboard at home is recommended for practice. 	6Y+	Monday 3:00-9:00pm	9 Weeks Jan 12-Mar 23 (no class Feb 16 & Mar 16)	Piano Room	$225.00	**200227**
	6Y+	Tuesday 3:00-9:00pm	10 Weeks Jan 13-Mar 24 (no class Mar 17)	Piano Room	$250.00	**200264**
	6Y+	Wednesday 3:00-9:00pm	10 Weeks Jan 14-Mar 25 (no class Mar 18)	Piano Room	$250.00	**200311**
	6Y+	Thursday 3:00-9:00pm	10 Weeks Jan 15-Mar 26 (no class Mar 19)	Piano Room	$250.00	**200855**
	6Y+	Friday 3:00-9:00pm	10 Weeks Jan 16-Mar 27 (no class Mar 20)	Piano Room	$250.00	**200874**
	6Y+	Saturday 9:00am-12:00pm	11 Weeks Jan 17-Mar 28	Piano Room	$275.00	**200891**



Child/Youth Fitness and Sports

Description	Ages	Day/Time	Duration	Room	Cost	Barcode
Basketball Some exercise with friends! Program focusing on skill development, teamwork, sportsmanship and playing games! 	6-8Y	Tuesday 5:45-6:40pm	10 Weeks Jan 13-Mar 24 (no class Mar 17)	Gym 1	$70.00	**200292**
	6-8Y	Wednesday 4:30-5:25pm	10 Weeks Jan 14-Mar 25 (no class Mar 18)	Gym 1	$70.00	**200342**
	6-8Y	Wednesday 5:30-6:25pm	10 Weeks Jan 14-Mar 25 (no class Mar 18)	Gym 1	$70.00	**200343**
	6-8Y	Thursday 4:00-4:55pm	10 Weeks Jan 15-Mar 26 (no class Mar 19)	Gym 1	$70.00	**200975**
	6-8Y	Thursday 5:00-5:55pm	10 Weeks Jan 15-Mar 26 (no class Mar 19)	Gym 1	$70.00	**200978**
	9-12Y	Tuesday 6:45-7:40pm	10 Weeks Jan 13-Mar 24 (no class Mar 17)	Gym 1	$70.00	**200295**
	9-12Y	Wednesday 6:30-7:25pm	10 Weeks Jan 14-Mar 25 (no class Mar 18)	Gym 1	$70.00	**200344**
	9-12Y	Thursday 6:00-6:55pm	10 Weeks Jan 15-Mar 26 (no class Mar 19)	Gym 1	$70.00	**200979**
	13-15Y	Tuesday 7:45-8:40pm	10 Weeks Jan 13-Mar 24 (no class Mar 17)	Gym 1	$70.00	**200297**
Kinder Karate Karate skills to increase self-confidence, self-discipline, and physical health designed for the younger kids. Optional testing and uniforms may be available from the instructor at an additional cost. 	4-5Y	Monday 4:00-4:55pm	9 Weeks Jan 12-Mar 23 (no class Feb 16 & Mar 16)	Gym 1	$63.00	**200204**
	4-5Y	Monday 5:00-5:55pm	9 Weeks Jan 12-Mar 23 (no class Feb 16 & Mar 16)	Gym 1	$63.00	**200205**
	4-5Y	Monday 6:00-6:55pm	9 Weeks Jan 12-Mar 23 (no class Feb 16 & Mar 16)	Gym 1	$63.00	**200206**
	4-5Y	Thursday 4:00-4:55pm	10 Weeks Jan 15-Mar 26 (no class Mar 19)	Program Room 1	$70.00	**200987**
	4-5Y	Thursday 5:00-5:55pm	10 Weeks Jan 15-Mar 26 (no class Mar 19)	Program Room 1	$70.00	**200989**
	4-5Y	Saturday 9:00-9:55am	11 Weeks Jan 17-Mar 28	Program Room 2	$77.00	**200923**
Karate Karate skills to increase self-confidence, self-discipline, and physical health. Optional testing and uniforms may be available from the instructor at an additional cost. 	6-8Y	Monday 7:15-8:10pm	9 Weeks Jan 12-Mar 23 (no class Feb 16 & Mar 16)	Program Room 1	$63.00	**200207**
	6-8Y	Thursday 6:00-6:55pm	10 Weeks Jan 15-Mar 26 (no class Mar 19)	Program Room 1	$70.00	**200990**
	6-8Y	Saturday 10:00-10:55am	11 Weeks Jan 17-Mar 28	Program Room 2	$77.00	**200921**
	9-12Y	Thursday 7:00-7:55pm	10 Weeks Jan 15-Mar 26 (no class Mar 19)	Program Room 1	$70.00	**200992**
	9-12Y	Saturday 11:00-11:55am	11 Weeks Jan 17-Mar 28	Program Room 2	$77.00	**200920**

Child/Youth Fitness and Sports Continued

Description	Ages	Day/Time	Duration	Room	Cost	Barcode
Multisport An introduction to a variety of non-competitive sports focusing on fun, recreation, basic skills building, and building self-confidence. Participants will play a variety of sports and active games in this program.	6-8Y	Wednesday 6:00-6:55pm	10 Weeks Jan 14-Mar 25 (no class Mar 18)	Gym 3	$70.00	**200366**
	9-12Y	Wednesday 7:00-7:55pm	10 Weeks Jan 14-Mar 25 (no class Mar 18)	Gym 3	$70.00	**200368**
Soccer The program will involve running/active games, dribbling, shooting practice, and playing soccer with a team! 	4-6Y	Friday 4:15-4:55pm	10 Weeks Jan 16-Mar 27 (no class Mar 20)	Gym 1	$60.00	**201007**
	4-6Y	Friday 5:00-5:40pm	10 Weeks Jan 16-Mar 27 (no class Mar 20)	Gym 1	$60.00	**201008**
	7-9Y	Friday 5:45-6:25pm	10 Weeks Jan 16-Mar 27 (no class Mar 20)	Gym 1	$60.00	**201011**
	7-9Y	Saturday 11:00-11:55am	11 Weeks Jan 17-Mar 28	Gym 1	$77.00	**200942**
	9-12Y	Saturday 12:00-12:55pm	11 Weeks Jan 17-Mar 28	Gym 1	$77.00	**200938**
Kids Volleyball An introductory program where participants learn key skills to develop their volleyball game. Participants will spend time playing volleyball games, with a few fun drills and skills incorporated in, as well.	8-10Y	Monday 6:00-6:55pm	9 Weeks Jan 12-Mar 23 (no class Feb 16 & Mar 16)	Gym 3	$72.00	**200216**
Youth Volleyball An introductory program where participants learn key skills to develop their volleyball game. Participants will spend time playing volleyball games, with a few fun drills and skills incorporated in, as well. 	10-12Y	Saturday 1:15-2:10pm	11 Weeks Jan 17-Mar 28	Gym 1	$88.00	**200935**
	11-12Y	Thursday 6:00-6:55pm	10 Weeks Jan 15-Mar 26 (no class Mar 19)	Gym 3	$80.00	**200982**
	13-15Y	Monday 6:00-6:55pm	9 Weeks Jan 12-Mar 23 (no class Feb 16 & Mar 16)	Gym 2	$72.00	**200217**
	13-17Y	Saturday 2:15-3:10pm	11 Weeks Jan 17-Mar 28	Gym 1	$88.00 + HST	**200933**
Youth Intro to Badminton Learn how to play badminton or develop your skills! Program will involve skill practice, learning of the game, and a chance to play in doubles against others! You can bring your own racket if you would like but this is not necessary. This is a low participant program focused on skill development and learning of the game.	13-15Y	Tuesday 7:00-7:55pm	10 Weeks Jan 13-Mar 24 (no class Mar 17)	Gym 2/3	$70.00	**200299**
		Saturday 10:00-10:55am	11 Weeks Jan 17-Mar 28	Gym 2/3	$77.00	**200914**
Kids Zumba Zumba® Kids classes feature kid-friendly routines based on original Zumba® choreography. We break down the steps, add games, activities and cultural exploration elements into the class structure.	5-10Y	Wednesday 6:00-6:40pm	10 Weeks Jan 14-Mar 25 (no class Mar 18)	Gym 2	$60.00	**200345**

Volunteer with the Huron Community Association!

Whether you want to be an occasional event volunteer, a regular program volunteer or want to contribute to your community as a committed Board member, there are many ways to share your skills and give back to your community. Please reach out to the HCA Volunteer Coordinator, Rich, at volunteer@huroncommunity.ca or fill out the Volunteer Form by using this QR code:

Child/Youth Dance

Description	Ages	Day/Time	Duration	Room	Cost	Barcode
Ballet Enjoy an introduction to ballet, working on rhythm and coordination! Parents/Guardians will be invited into the last class to view the dance progress from their child's session. 	3-4Y	Monday 4:45-5:25pm	9 Weeks Jan 12-Mar 23 (no class Feb 16 & Mar 16)	Program Room 2	$54.00	**200209**
	3-4Y	Thursday 4:45-5:25pm	10 Weeks Jan 15-Mar 26 (no class Mar 19)	Program Room 2	$60.00	**200995**
	3-4Y	Friday 5:30-6:10pm	10 Weeks Jan 16-Mar 27 (no class Mar 20)	Program Room 2	$60.00	**201014**
	5-8Y	Monday 6:15-6:55pm	9 Weeks Jan 12-Mar 23 (no class Feb 16 & Mar 16)	Program Room 2	$54.00	**200211**
	5-8Y	Thursday 5:30-6:10pm	10 Weeks Jan 15-Mar 26 (no class Mar 19)	Program Room 2	$60.00	**200997**
Intro to Dance Come enjoy a variety of dance moves each week, working on rhythm and coordination! Parents/Guardians will be invited into the last class to view the dance progress from their child's session. 	3-4Y	Monday 4:00-4:40pm	9 Weeks Jan 12-Mar 23 (no class Feb 16 & Mar 16)	Program Room 2	$54.00	**200208**
	3-4Y	Thursday 4:00-4:40pm	10 Weeks Jan 15-Mar 26 (no class Mar 19)	Program Room 2	$60.00	**200994**
	3-4Y	Friday 4:45-5:25pm	10 Weeks Jan 16-Mar 27 (no class Mar 20)	Program Room 2	$60.00	**201013**
	5-8Y	Monday 5:30-6:10pm	9 Weeks Jan 12-Mar 23 (no class Feb 16 & Mar 16)	Program Room 2	$54.00	**200210**
Jazz Enjoy a class that incorporates jazz and hip-hop movements, improving rhythm and coordination. Through simple exercises and beginner friendly choreography, kids will learn basic jazz steps. Parents/Guardians will be invited into the last class to view the dance progress from their child's session!	5-8Y	Thursday 6:15-6:50pm	10 Weeks Jan 15-Mar 26 (no class Mar 19)	Program Room 2	$60.00	**201000**
	5-8Y	Friday 6:15-6:50pm	10 Weeks Jan 16-Mar 27 (no class Mar 20)	Program Room 2	$60.00	**201017**

Child/Youth Arts, Drama and Learning Opportunities

Craft Club A chance to be creative, use different materials, and make something your own! A variety of crafts will be created during this program designed for young art explorers! Each week participants will create a new craft, using different materials, to bring home with them!	4-5Y	Monday 4:00-4:50pm	9 Weeks Jan 12-Mar 23 (no class Feb 16 & Mar 16)	Program Room 1	$90.00	**200213**
	6-8Y	Monday 5:00-5:50pm	9 Weeks Jan 12-Mar 23 (no class Feb 16 & Mar 16)	Program Room 1	$90.00	**200214**
Children's Creative Drawing Class Unleash your child's imagination in our fun and inspiring art class, designed especially for young artists! Each session offers hands on exploration with a wide range of art material, including: drawing pencils, coloured pencils and a variety of tools.	6-12Y	Tuesday 4:30-6:00pm	10 Weeks Jan 13-Mar 24 (no class Mar 17)	Program Room 2	$97.50	**200308**

Child/Youth Arts, Drama and Learning Opportunities Continued

Description	Ages	Day/Time	Duration	Room	Cost	Barcode
Creative Fun Art with Ceramics Get creative with ceramic clay art! Children will learn how to make clay figurines such as animals, birds, frogs, fish, lady bugs, etc. Children can be creative and choose what objects they would like to create! Self-drying clay will be used and will be painted. All supplies are included.	6-12Y	Wednesday 6:15-7:45pm	5 Weeks Jan 14-Feb 11	Program Room 1	$100.00	**200966**
	6-12Y	Wednesday 6:15-7:45pm	5 Weeks Feb 18-Mar 25 (no class Mar 18)	Program Room 1	$100.00	**200969**
Creative Fun Art with Fondant Demonstration of colouring and preparing fondant for making figurines. Learn how to use fondant tools and cutter molds (making flowers, star, and other different shapes). Step by step instructions on how to make animal figurines. Cookies and cupcakes are decorated as well.	6-12Y	Wednesday 4:30-6:00pm	5 Weeks Jan 14-Feb 11	Program Room 1	$100.00	**200960**
	6-12Y	Wednesday 4:30-6:00pm	5 Weeks Feb 18-Mar 25 (no class Mar 18)	Program Room 1	$100.00	**200963**
Pinterest Projects This program fosters imagination, and creative confidence by exploring a variety of DIY crafts found on Pinterest. From colourful paper creations to trendy handmade décor, each session introduces a new project, encouraging participants to experiment with different materials and techniques.	9-12Y	Monday 6:00-7:00pm	9 Weeks Jan 12-Mar 23 (no class Feb 16 & Mar 16)	Program Room 1	$90.00	**200215**
Jr. Scientist Be curious and explore science with age-appropriate lessons and fun hands-on experiments! Get ready for things to grow, explode and splatter!  	4-5Y	Tuesday 4:00-4:50pm	10 Weeks Jan 13-Mar 24 (no class Mar 17)	Program Room 1	$75.00	**200301**
	4-5Y	Saturday 10:00-10:50am	11 Weeks Jan 17-Mar 28	Program Room 1	$82.50	**200924**
	4-5Y	Saturday 11:00-11:50am	11 Weeks Jan 17-Mar 28	Program Room 1	$82.50	**200927**
Kids Science Be curious and explore science with age-appropriate lessons and fun hands-on experiments! Get ready for things to grow, explode and splatter!	6-8Y	Tuesday 5:00-5:50pm	10 Weeks Jan 13-Mar 24 (no class Mar 17)	Program Room 1	$75.00	**200303**
	6-8Y	Saturday 9:00-9:50am	11 Weeks Jan 17-Mar 28	Program Room 1	$82.50	**200928**
Sr. Science Interactive learning while children participate in hands-on science experiments. Sr. Scientists will get to learn, design and create their own fun science experiments using a variety of materials. Get ready for things to grow, explode and splatter!	9-12Y	Tuesday 6:00-6:55pm	10 Weeks Jan 13-Mar 24 (no class Mar 17)	Program Room 1	$75.00	**200304**
Chess Club Play the game of chess in this fun group class that focuses on learning the basic steps and strategies of chess with guided lessons for those who need help. Have fun playing chess with peers.	6-9Y	Wednesday 6:00-6:55pm	10 Weeks Jan 14-Mar 25 (no class Mar 18)	EarlyON Meeting Room	$70.00	**200955**
	9-14Y	Wednesday 7:00-7:55pm	10 Weeks Jan 14-Mar 25 (no class Mar 18)	EarlyON Meeting Room	$70.00	**200959**

Adult Fitness and Sports

HST now applicable to HCA programs ages 16 plus

Description	Ages	Day/Time	Duration	Room	Cost	Barcode
Intro to Badminton Learn how to play badminton or develop your skills! Program involves skill practice, learning of the game, and a chance to play doubles against others! Bring your own racket if you would like but this is not necessary. This is a low participant program focused on skill development and learning the game.	16Y+	Tuesday 8:00-8:55pm	10 Weeks Jan 13-Mar 24 (no class Mar 17)	Gym 2/3	$70.00 + HST	**200300**
		Saturday 9:00-9:55am	11 Weeks Jan 17-Mar 28	Gym 2/3	$77.00 + HST	**200915**
Drop-In Basketball Looking for a place to play pickup basketball, shoot hoops, or work on your skills?	18Y+	Tuesday 8:45-10:15pm	10 Weeks Jan 13-Mar 24 (no class Mar 17)	Gym 1/2	**$2.00/Drop In (Includes HST)**	
Intro to Pickleball Learn how to play pickleball! Program will involve skill practice, learning of the game, and a chance to play in doubles against others! Bring your own paddle if you would like but this is not necessary. This is a low participant program focused on skill development and learning of the game.	16Y+	Tuesday 6:00-6:55pm	10 Weeks Jan 13-Mar 24 (no class Mar 17)	Gym 2/3	$70.00 + HST	**200298**
		Saturday 11:15am-12:10pm	11 Weeks Jan 17-Mar 28	Gym 2/3	$77.00 + HST	**200908**
		Saturday 12:15-1:10pm	11 Weeks Jan 17-Mar 28	Gym 2/3	$77.00 + HST	**200906**
Beginner Pilates Tone your entire body working from the core, including your stomach muscles, hips, glutes, lower back, side obliques and adductors. Learn the fundamentals of Pilates balance, control, concentration, coordination centering, and core stability with breathing techniques to ensure proper abdominal engagement. Please bring a mat with you.	16Y+	Tuesday 9:30-10:25am	10 Weeks Jan 13-Mar 24 (no class Mar 17)	Program Room 1	$70.00 + HST	**206245**
		Tuesday 7:00-7:55pm	10 Weeks Jan 13-Mar 24 (no class Mar 17)	Program Room 2	$70.00 + HST	**200306**
		Thursday 7:00-7:55pm	10 Weeks Jan 15-Mar 26 (no class Mar 19)	Program Room 2	$70.00 + HST	**201005**
Power Core Pilates This class works your entire body, leaving no muscles untouched! Power Core includes exercises that strengthen the core and spine while improving posture, flexibility, and endurance in a safe effective way. All fitness levels are welcome, and this class is perfect for the beginner who is just getting started or the Pilates enthusiast looking for a challenge. Please bring a mat with you.	16Y+	Monday 7:15-8:15pm	9 Weeks Jan 12-Mar 23 (no class Feb 16 & Mar 16)	Program Room 2	$63.00 + HST	**200221**
		Tuesday 8:00-8:55pm	10 Weeks Jan 13-Mar 24 (no class Mar 17)	Program Room 2	$70.00 + HST	**200307**
		Thursday 9:30-10:30am	10 Weeks Jan 15-Mar 26 (no class Mar 19)	Program Room 2	$70.00 + HST	**201002**
		Thursday 8:00-8:55pm	10 Weeks Jan 15-Mar 26 (no class Mar 19)	Program Room 2	$70.00 + HST	**201004**

BOOK A GYM SPACE

FREE FOR 45 MINUTES

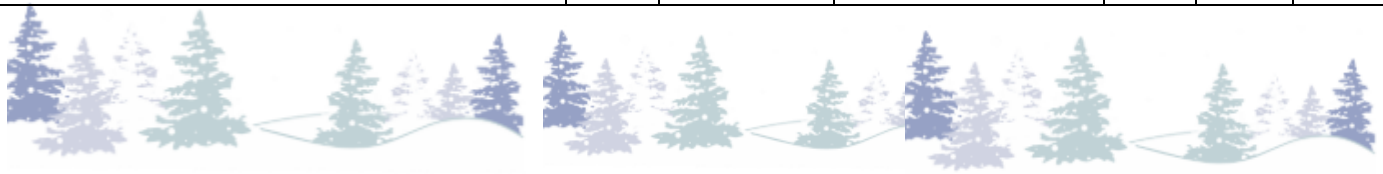
UP TO 10 PEOPLE

SCAN TO BOOK

Adult Fitness and Sports Continued

HST now applicable to HCA programs ages 16+

Description	Ages	Day/Time	Duration	Room	Cost	Barcode
Volleyball Drop In Come out and play Drop-In Volleyball! Join us for game play, or work on practicing your volleyball skills. Pre-registering weekly is advised.	18Y+	Saturday 3:15-4:55pm	11 Weeks Jan 17-Mar 28 (no class Mar 19)	Gym 1	$3.00 +HST	**201136**
Recreational Volleyball Meet others in your neighbourhood by playing volleyball! This program involves casual, friendly competitive games each week. Does not require previous volleyball experience.	16Y+	Monday 7:00-8:55pm	9 Weeks Jan 12-Mar 23 (no class Feb 16 & Mar 16)	Gym 3	$72.00 + HST	**200219**
Intermediate Volleyball Meet others in your neighbourhood by playing volleyball! This program involves mildly competitive games each week and requires previous experience playing volleyball at an intermediate level.	16Y+	Monday 7:00-8:55pm	9 Weeks Jan 12-Mar 23 (no class Feb 16 & Mar 16)	Gym 2	$72.00 + HST	**200218**
Advanced Volleyball Meet others in your neighbourhood by playing volleyball! This program involves competitive games each week and requires previous experience playing volleyball at an advanced level.	16Y+	Thursday 7:00-8:55pm	10 Weeks Jan 15-Mar 26 (no class Mar 19)	Gym 3	$80.00 + HST	**200985**
Gentle Yoga with Janet Take time to breathe and relax during this slow-paced gentle yoga practice. Enjoy the benefits of movement while building strength and flexibility. Please bring your own mat.	16Y+	Wednesday 9:30-10:30am	10 Weeks Jan 14-Mar 25 (no class Mar 18)	Program Room 2	$75.00 + HST	**200376**
Baby & Me Yoga with Janet Join Janet for a fun Yoga class for parents and babies up to 12 months. This class provides parents time to enjoy themselves through movement to gain strength and flexibility as well as bonding with baby and connecting with other parents. Please bring your own mat.	16Y+	Wednesday 10:45-11:45am	10 Weeks Jan 14-Mar 25 (no class Mar 18)	Program Room 2	$75.00 + HST	**200382**
Beginner Yoga with Janet This class is for the level one or the first-time yogi. Come relax your mind and body as we move through Yoga poses to gain strength and flexibility. Enjoy the benefits and have fun. Please bring your own mat.	16Y+	Wednesday 5:15-6:15pm	10 Weeks Jan 14-Mar 25 (no class Mar 18)	Program Room 2	$75.00 + HST	**200946**
Slow Flow Yoga with Janet Make time to connect with mind, body and breath while moving through each pose. Please bring your own mat.	16Y+	Wednesday 6:30-7:30pm	10 Weeks Jan 14-Mar 25 (no class Mar 18)	Program Room 2	$75.00 + HST	**200949**
Yin Yoga with Janet Yin yoga is a slow-paced stationary practice which poses are held for longer periods of time. In stillness, the practice of yin targets the deeper connective tissue to help prevent joint rigidity and immobility. Please bring your own mat.	16Y+	Wednesday 7:45-8:45pm	10 Weeks Jan 14-Mar 25 (no class Mar 18)	Program Room 2	$75.00 + HST	**200952**
Zumba Gold Perfect for active older adults who are looking for a modified Zumba® class that recreates the original moves you love at a lower intensity.	18Y+	Wednesday 7:00-7:40pm	10 Weeks Jan 14-Mar 25 (no class Mar 18)	Gym 2	$65.00 + HST	**200348**
Zumba Enjoy a Latin inspired dance aerobic workout through our easy-to-follow fitness classes. You will learn the steps and have a great workout.	16Y+	Wednesday 8:00-8:55pm	10 Weeks Jan 14-Mar 25 (no class Mar 18)	Gym 2	$70.00 + HST	**200357**



Adult Fitness and Sports Continued

HST now applicable to HCA programs ages 16+

Description	Ages	Day/Time	Duration	Room	Cost	Barcode
Real-World Self-Defense Training *NEW* Learn practical self-defence skills that work in real-life situations. This comprehensive program blends proven techniques from Muay Thai, Krav Maga, Jeet Kune Do and Boxing to give you the tools to protect yourself and stay safe. You will learn striking techniques, defense against grabs and chokes, environmental awareness and realistic scenario training. Our classes are designed for all fitness levels emphasizing on easy to remember techniques to build confidence, physical capability and mental resilience. Train with an experienced martial arts instructor.	18Y+	Monday 7:05-8:05pm	9 Weeks Jan 12-Mar 23 (no class Feb 16 & Mar 16)	Gym 1	$81.00 + HST	**200212**
Interval Fitness Interval Fitness is a low-impact interval training class designed to help you build strength, boost energy, and gain confidence. This class alternates between cardio and strength training exercises, with encouragement along the way. No experience needed—modifications available for all levels.	18Y+	Wednesday 7:45-8:45pm	10 Weeks Jan 14-Mar 25 (no class Mar 18)	Gym 1	$70.00 + HST	**200972**
Total Body Sculpt This fitness class is a dynamic workout, with a warmup, work out, and cooldown/stretch. The class will target your entire body through a variety of exercises using a variety of equipment. Contains cardio and strength components. All fitness levels welcome—including beginners!	18Y+	Monday 9:30-10:30am	9 Weeks Jan 12-Mar 23 (no class Feb 16 & Mar 16)	Gym 1	$63.00 + HST	**200220**
		Wednesday 9:30-10:30am	10 Weeks Jan 14-Mar 25 (no class Mar 18)	Gym 1	$70.00 + HST	**200341**
Adult Arts & Crafts						
Intro to Sewing This program will focus on the basics of operating a sewing machine, while creating a beginner-friendly duffle bag project. Participants will learn about fabric selection, how to read a basic pattern, measuring, piecing, and finishing seams. Attendees are encouraged to bring fabric they would like to repurpose into a handmade accessory.	18Y+	Tuesday 7:15-8:45pm	8 Weeks Jan 13-Mar 3	Program Room 1	$92.00 + HST	**200309**
		Thursday 7:15-8:45pm	8 weeks Jan15-Mar 19 (no class Feb 12 & Mar 12)	EarlyON Meeting Room	$80.50 +HST	**205541**
Adult Cards & Games						
Dungeons & Dragons Meet new friends while playing D&D, a cooperative storytelling and role-playing tabletop game. Your next adventure awaits.	16Y+	Friday 7:00-9:00pm	10 Weeks Jan 16-Mar 27 (no class Mar 20)	EarlyON Meeting Room	$50.00 + HST	**201023**

CITY OF KITCHENER

CAMP INFORMATION

Camps for 4-11 years olds are provided by trained and first aid certified City of Kitchener camp leaders. Come to camp prepared with a refillable water bottle, peanut-free lunch/snacks, appropriate clothing for outside play, and indoor running shoes. For any questions, please email camp@kitchener.ca.

Camps

Description	Ages	Day/Time	Duration	Cost	Barcode
March Break Camp Looking for fun and engaging activities for your children to take part in over March Break. This full-day program offers a safe, welcoming environment where kids can make new friends, explore their creativity, and stay active through a variety of games, crafts, and hands-on activities. Whether your child loves sports, art, science, or just trying something new, our camps are designed to spark joy and build lasting memories.	4-11Y	Monday to Friday 9:00am-4:00pm	5 Days Mar 16-20	$122.77	**201308**

Child and Youth Drop-In

Youth Drop In (YDI) Youth Drop In (YDI) is a FREE drop-in program that allows participants ages 12-17 to hang out in a supported space with our staff and engage in different themes, games, and activities. Each week, activities will include a rotation of sports (basketball, soccer, etc.), art and crafts, group games, board games and so much more.	12-17Y	Thursday 7:00-9:00pm	9 Weeks Jan 15-Mar 12	FREE	**NO REGISTRATION REQUIRED**
	12-17Y	Friday 6:30-9:00pm	9 Weeks Jan 16-Mar 13	FREE	**NO REGISTRATION REQUIRED**
	12-17Y	Sunday 3:00-5:00pm	8 Weeks Jan 18-Mar 8	FREE	**NO REGISTRATION REQUIRED**
Kids Drop In (KDI) Children are invited to join for drop-in programming. Supported by trained staff, participants will have the opportunity to participate in a rotation of sports, arts and crafts, and games or homework help in age-appropriate groupings.	9-11Y	Sunday 1:00-2:30pm	8 Weeks Jan 18-Mar 8	FREE	**NO REGISTRATION REQUIRED**

Adult Fitness

Adult programs indicated for ages 55Y, adults 18-54Y also welcome (pricing may vary).

Pilates Basic If you are new to Pilates, then this mat class is for you. We will focus on the Pilates principles of control, precision, centering, concentration, and flow, as you experience the benefits of breathing for mindful movement. You will develop a strong core, sculpt long and lean muscles, and improve your posture, flexibility, and strength. Recharge and de-stress with our Pilates Basic class.	18Y+	Tuesday 11:00am-12:00pm	11 Weeks Jan 6-Mar 24	$85.69 +HST	**201104**
	55Y+			$70.29 + HST	
SMART Group Exercises Join us for a free gentle exercise program led by SMART™ (Seniors Maintaining Active Roles Together) trained staff. Each class includes a warm-up, aerobic endurance, cool down, balance, strength (using 1 or 2 lb. weights), and flexibility movements. All classes can be done seated or standing. This program is offered in collaboration with Community Support Connections.	55Y+	Thursday 11:00am-12:00pm	11 Weeks Jan 8-Mar 26	FREE	**199400**
Zumba Gold Zumba Gold is for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower intensity.	18Y+	Thursday 9:45-10:30am	11 Weeks Jan 8-Mar 26	$57.01 +HST	**201105**
	55Y+			$46.78 + HST	
Gentle Yoga In this class we will combine gentle yoga poses with breathing exercises and restorative postures to stretch and strengthen the body, reduce stress and calm the mind. Everybody is welcome to practice yoga in this supportive environment. No yoga experience is required.	18Y+	Tuesday 9:45-10:45am	11 Weeks Jan 6-Mar 24	$85.69 + HST	**201103**
	55Y+			$70.29 + HST	

Councillor Ayo Owodunni
Ward 5

Dear Huron Residents,

As we head into the colder months, our Huron Community Centre (HCC) and the Huron Community Association are excited to announce some new additions to their programming, designed to bring people together and build your skills. Registration for winter activities opens December 9th at 8:30am for Kitchener residents, and we're thrilled to introduce these two brand-new offerings:

- **Self Defense Program:** Learn practical techniques to build confidence, improve awareness and stay safe.
- **Introduction to Sewing:** Discover the joy of creating with fabric. This beginner friendly class will guide you through the basics.

Go to ActiveKitchener at www.kitchener.ca/activenet and sign in to see all the program offerings at this community centre, and to register.

Also, don't forget that you can book free space at your community centre. Call the HCC at 519-741-2478 for more information.

As we close the year, I want to extend warm wishes to everyone in our community. Whether you celebrate Christmas, Hanukkah, Kwanzaa, Bodhi Day, Winter Solstice, or simply enjoy the season of winter gatherings, may this time bring joy, peace, and connection with loved ones.

Our diversity is our strength, and I'm grateful to represent such a vibrant and caring community. Let's carry that spirit into the new year.

I encourage you to stop by, participate, connect, and help us continue building a vibrant, welcoming Williamsburg community.

Warmly,

Councillor Ayo Owodunni – Ward 5 Office: 519-741-2791; Cell: 519-897-5019; Email: ayo.owodunni@kitchener.ca

Women's Crisis Services
OF WATERLOO REGION

MOVING BEYOND VIOLENCE

HOPE 4 THE FUTURE I AM PROGRAM

The Hope 4 the Future: I AM program is a self-esteem building program for youth aged 12-14. The program provides tools to build healthy relationships with ourselves and those around us. The 8-session program is fun and interactive. Learning and conversations are facilitated through games, music, Tik-Tok videos and popular shows.

Details

Where: Huron Community Centre, 80 Tartan Ave, Kitchener
Who: All genders aged 12-14
Cost: Free program with healthy snacks provided
Date: Wednesdays from January 14th to March 4th, 2026
Time: 4:00-5:00 pm (room 2)
To Register: Contact Urouba Kharma at: Urouba.kharma@wcswr.org or: (226) 753 - 6020

Chair of the Board, Jen Hoffman-Bailey

Hello, Huron Hive!

Winter is just around the corner, and we couldn't be more excited for you to join us this session. If you were one of the 1200 participants enjoying our programming this past Fall, thank you! If you are joining us for the first time this Winter, welcome! Regardless of how many programs you've participated in with us, we are grateful that you have decided to join us.

For those of you who don't know us that well, the Huron Community Association (HCA) is a volunteer-led organization running programs and events out of the Huron Community Centre, a City of Kitchener owned facility. We work in tandem with City staff to bring programs to you and your family. This Fall marked our third anniversary running programs and events out of the HCC and we are grateful for this partnership.

At our Annual General Meeting (AGM) on November 18, the Board of Directors reflected on our mission "to help build a sense of community in the Huron area by offering programs and events for both youth and adults". When we first started running programs from Fall 2014 to Spring 2015, we offered 15 programs which brought out 152 participants and ran the programs out of Jean Steckle Public School. This past year was a new record for us at the HCA. From Fall 2024 to Summer 2025 we offered 528 programs (plus an additional 212 piano students) which served 4155 youth and adult participants. WOW! A huge shout out to our families for joining us and especially to our programmer, Melissa, and the amazing HCA Instructor Team for providing quality programming to the youth and adults in our community.

During our AGM we also reflected on how fortunate we are in a position that allows us to give back to the community. How do we do this? By offering FREE events and activities throughout the year. Just this past fall we offered a Thanksgiving-themed craft on the October PD day and hosted a Halloween movie night on November 1. What family-friendly activities are we planning? How can you find out about them? As always, you can find information about these events by following us on Facebook, Instagram and of course, our website: www.huroncommunity.ca (which is getting an upgrade and will look different soon!).

December brings some change to the HCA. Many of you may know that our programmer, Melissa, is expecting a baby later this year and will be going on maternity leave mid-December. The HCA is happy to announce that a very familiar face will be stepping in to take her place. Our Interim Programmer, Susan, is well versed in HCA programming. She has been working behind the scenes with Melissa when setting up our programming needs. Susan will be taking over the programmer@huroncommunity.ca email and looks forward to getting to know our families as the Winter session unfolds. Susan, we look forward to the Winter and Spring sessions with you! We know you'll help our families enjoy their time with us. Melissa, you will be missed, and we can't wait to meet your new little one. We wish you and your husband all the best as you start your new adventure!

If you are someone who enjoys meeting new people or working with children, has a passion/desire for making connections in the community and values collaboration and teamwork, then the HCA may be the place for you. The HCA Board of Directors is looking to add an Events Coordinator, Communications Assistant (with social media and google workspace knowledge), and Community Sponsorship Coordinator to our Board, so if you are someone who enjoys working as a team, creating opportunities for connection and are organized, please reach out to me, Jen, at info@huroncommunity.ca for more information. All roles are volunteer and the commitment ranges from 3 - 8 hours a month.

Stay connected and get involved with the HCA - See you soon, Huron!

Program Coordinator, Melissa Haynes

Hello Huron Community,

The snowy days are starting, and that means our HCA Winter Programs are just around the corner! A huge thank you to our amazing team of Fall Program Instructors who served over 1200 individuals in our community this past session. We are looking forward to our Winter Programs seeing so many of you join us again and meeting those of you who we have yet to meet.

This Winter you will see a 'refresh' of some of our traditional program offerings, with some new programs, new dates, new times and new instructors. As a result of community demand we are continuing to increase our Adult Fitness Program offerings, with both evening and daytime fitness classes. We have invested in new fitness equipment and added new fitness classes such as 'Interval Fitness', 'Total Body Fitness', additional Pilates classes, yoga and more!

We are also excited to offer more badminton, volleyball and pickleball classes for children, youth and adults. Along with other new programs including 'Learn to Draw', 'Intro to Sewing', 'Pinterest Projects', 'Dungeons & Dragons', and many more. For our full list of Winter Programs please check out ActiveNet and our HCA Program Guide for more details.

I would also like to share a life update with you all...my husband and I are expecting our first baby at the end of this year. As such, I will be heading on maternity leave starting mid-December. I am excited to share that while I am on maternity leave, the HCA has hired Susan H to fulfill the role of Program Coordinator. Many of you may recognize Susan, as she is a familiar face to the Huron Community Centre. She has previously worked with the City of Kitchener at Huron Community Centre and will be a wonderful addition to the HCA Team with her positive energy for community building.

I hope as the year comes to a close, you are able to enjoy a wonderful holiday season with your family and friends, and that the new year brings you much happiness.

Sincerely,
Melissa

P.S. Don’t forget to follow us on our HCA Instagram and Facebook accounts for registration information and program updates.

CAMPS

LOOK AHEAD

WINTER WORD SCRAMBLE

WONS _____

CDOL _____

REIWTN _____

CEI _____

SMANNOW _____

SFALSKOWEN _____

LOWABSNL _____

SDGEILND _____

IASNTKG _____

KGINIS _____

CESILIC _____

EROFNZ _____

BIZRALDZ _____

HELLO WINTER

WORD BANK

BLIZZARD	ICE	SKATING	SNOWBALL	WINTER
COLD	ICICLES	SLEDDING	SNOWFLAKES	
FROZEN	SKIING	SNOW	SNOWMAN