



# SPRING

**PROGRAM GUIDE 2024**

**REGISTRATION BEGINS  
MARCH 5 AT 8:30AM**



### How to Register:

- Register **ONLINE** with our online registration system-ActiveNet at registration.  
[www.kitchener.ca/activenet](http://www.kitchener.ca/activenet)
- Register **IN PERSON** at any Community Centre or Public Pool



Scan here to  
start your  
registration!

### Refund Statement:

- A 100% refund will be given if you withdraw from a program more than 7 days before the first day of the program.
- Refunds will only be given in the same form as payment made.
- Cash refunds over \$20.00 will be refunded by cheque.
- Please note: If credit is left on an account, the credit will expire after three years.
- NO REFUND will be given if a request to withdraw is made less than 7 days prior to the first day of the program.

### Inclement Weather Policy:

HCA programs will be cancelled if the Huron Community Centre closes due to inclement weather. Inclement weather statements and cancellations will be shared through our social media pages and emails will be sent to participants regarding cancellation. Phone calls will not be made. Should a program be occurring outdoors, and inclement weather arises that puts participants in danger (i.e., thunder), the program will be immediately cancelled.

### How to Access Fee Assistance:

- If program fees are preventing you, or a member of your family from joining a City or Neighbourhood Association program, you could qualify for Leisure Access fee assistance. These funds can be put towards any Neighbourhood Association programs and/or City of Kitchener programs
- To find out if you qualify and to apply, visit [www.kitchener.ca/feeassistance](http://www.kitchener.ca/feeassistance).
- If you require help applying, please visit the Community Centre or Kitchener City Hall with your required documents during operating hours. Or call Inclusion Services at 519-741-2200 ext. 7228 for support.

### Family Outreach Program Support:

- House of Friendship's local Family Outreach Worker Mehdiya can support with program subsidies if needed, and can be reached at 519-498-7492

### Inclusion Services Can Help!

If you or your child has a disability or special need, and require accommodation to participate in programs, assistance may be available. Requests should be submitted at least two weeks prior to the program start date to allow time to coordinate the accommodation.

Please call Inclusion Services staff at 519-741-2200, ext. 7229 or TTY 1-866-969-9994.

### How to contact the Huron Community Centre:

📍 80 Tartan Avenue  
☎ 519-741-2478  
✉ [huroncc@kitchener.ca](mailto:huroncc@kitchener.ca)

### How to contact the Huron Community Association:

🌐 [www.huroncommunity.ca](http://www.huroncommunity.ca)  
✉ [info@huroncommunity.ca](mailto:info@huroncommunity.ca)  
📷 [/huroncommunity](https://www.facebook.com/huroncommunity)



**House of  
Friendship**

**Family Outreach Program**

The House of Friendship's Family Outreach Workers can connect you to the support your family needs!

The Family Outreach Program is a neighbourhood-based program that works with families with children aged 17 and under.

Family Outreach Workers work with families to help meet basic needs by problem-solving solutions together, connecting them with services in their community and providing direct support when necessary.

If you have children 17 and under, and are living on a low income, and would like to get connected to one of our Family Outreach Workers, see the information below.



519-742-8327 X 240



[INFO@FAMILYOUTREACH.CA](mailto:info@familyoutreach.ca)



[WWW.FAMILYOUTREACH.CA](http://WWW.FAMILYOUTREACH.CA)

## Chair of the Board, Jen Hoffman-Bailey



Greetings, Huron Neighbours!

Welcome to our Spring session. Whether this is the first time you and your family are participating in HCA programs, or you've been with us for a while, we're glad you're here! There are exciting new programs coming up for our neighbourhood to participate in. Be sure to read the update from our programmer, Melissa, to learn more.

In addition to providing meaningful programs for our community, the HCA is committed to creating fun, family-friendly activities in our neighbourhood throughout the year. *However, we can't do this alone!*

**We are looking for volunteers** to help us with programming needs and HCA community events. If you are someone who enjoys meeting new people or working with children, has a passion/desire for making connections in the community and values collaboration and teamwork, then we may have something for you!

Whether you want to be an occasional event volunteer, a regular program volunteer or want to contribute to your community as a committed Board member, there are many ways to share your skills and give back to your community.

This Spring, you will start to see more from us on our socials (Facebook and Instagram) and our website ([www.huroncommunity.ca](http://www.huroncommunity.ca)), encouraging you, our wonderful community, to *get involved* and *give back*! In the meantime, don't hesitate to reach out to me at: [info@huroncommunity.ca](mailto:info@huroncommunity.ca) and show your interests.

## Program Coordinator, Melissa Haynes



We kicked off the 2024 New Year at Huron in such a great way by serving just over 1100 participants during our HCA Winter Program Session! It was amazing to see so many of our programs grow in popularity and uptake from community members- such as Yoga, Creative Fun Art with Fondant, Badminton, Children's Science, 18+ Drop-in Basketball and more! We have been seeing over 22 participants every week come out to play pickup Basketball, in the 'Adult 18+ Drop-in Basketball' program on Tuesday evenings!

As a result of the Huron Community Centre extending their weekend hours of operation, the Huron Community Association will be offering new programming on Saturday afternoons for the community! Take a read through the Spring HCA Program Guide and check out ActiveNet to see our new Saturday Program offerings!

As we look forward to our Spring Programs, we are looking forward to bringing back our 6 week 'Outdoor Soccer' program offered at Freedom CC, which will start in May. We will also be offering additional Adult & Tot Sports programs in the Spring Session, as we have had a great deal of interest from our community. We are also excited to share we will be offering a new art class 'Creative Fun with Ceramic', for those interested in exploring their creative side!

Stay tuned for the HCA Program Survey coming to your email inboxes. We want to get your input and feedback about our current HCA programs and what programs you would like to see come to the HCA in Fall 2024 Session!

Don't forget to follow us on the HCA Instagram page (@huroncommunity) to get up to date information about events, programs and what's happening in the Huron Community hosted by the HCA! Looking forward to meeting you soon!



# Earth Day Clean-Up

## April 20 at 10:00 AM

MEET US AT THE TABLES SET UP ACROSS FROM  
PARKVALE PARK (IN THE HYDRO CORRIDOR) OR AT  
THE HURON COMMUNITY CENTRE!

BAGS AND GLOVES WILL BE PROVIDED



## HURON COMMUNITY ASSOCIATION (HCA)

### PROGRAM INFORMATION

- HCA programs will not be running May 18-20.
- Programs are offered at various sites, please note program locations in the program guide and on your receipts.
- Only registered participants permitted in programming spaces. All other patrons are welcome to wait in our lobby spaces.
- Programs in gyms 2 and 3 do not have viewing access.
- Programs held in the gym require indoor shoes.
- Unless specified, program equipment is provided.

Please email any questions concerning programs to [huroncc@kitchener.ca](mailto:huroncc@kitchener.ca)

### Adult and Tot

Caregiver participation is required for all adult and tot programs. Caregiver participation is limited to one parent/guardian.  
No unregistered siblings are allowed in the program.

Description	Ages	Day/Time	Duration	Room	Cost	Barcode
<b>Adult &amp; Tot Ballet</b> Enjoy an introduction to ballet, improving rhythm and coordination. Participants will work with their caregiver and together, learn new moves that build onto a mini dance routine.	2-3Y	Friday 3:45-4:25pm	12 weeks Apr 5-Jun 21	Program Room 2	\$60.00	137345
<b>Adult &amp; Tot Multisport</b> An introduction to a variety of non-competitive sports focusing on fun, recreation, basic skills building, and building self-confidence. Participants will play a variety of sports and active games in this program, while interacting with their caregiver.	2-3Y	Tuesday 4:00-4:40pm	11 weeks Apr 2-Jun 11	Gym 1	\$55.00	137346
	2-3Y	Tuesday 5:00-5:40pm	12 weeks Apr 2-Jun 18	Gym 1	\$60.00	137347
	2-3Y	Saturday 9:00-9:55am	8 weeks Apr 27-Jun 22	Gym 2	\$48.00	137414
	2-3Y	Saturday 10:00-10:55am	8 weeks Apr 27-Jun 22	Gym 2	\$48.00	137415
<b>Adult &amp; Tot Soccer Skills &amp; Drills</b> Parents/Guardians work with their child on their soccer drills during this active program! Participants will run, dribble, shoot, and pass with a parent/guardian	2-3Y	Saturday 9:00-9:55am	11 weeks Apr 6-Jun 22	Gym 1	\$66.00	137348
<b>OUTDOOR Adult &amp; Tot Soccer</b>  LOCATION: Freedom CC (Soccer Fields)	2-3Y	Wednesday 4:00-4:40pm	6 weeks May 15-Jun 19	Off-site	\$30.00	139787
	2-3Y	Wednesday 4:00-4:40pm	6 weeks May 15-Jun 19	Off-site	\$30.00	139789

### PROGRAM LOCATIONS



**HURON COMMUNITY CENTRE**  
**80 TARTAN AVE**



**FREEDOM COMMUNITY CENTRE**  
**1643 BLEAMS RD**




#neighboursday  
#lovemyhood

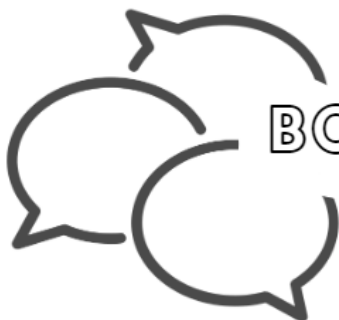
# Host a Musician

Visit  
[www.kitchener.ca/NeighboursDay](http://www.kitchener.ca/NeighboursDay)  
to sign up to host.



## Child/Youth Fitness and Sports

Description	Ages	Day/Time	Duration	Room	Cost	Barcode
<b>Intro to Badminton</b> Learn how to play badminton or develop your skills! Program will involve skill practice, learning of the game, and a chance to play in doubles against others! You can bring your own racket if you would like but this is not necessary. This is a low participant program focused on skill development and learning of the game.	13-15Y	Tuesday 7:00-7:55pm	9 weeks Apr 23-Jun 18	Gym 2/3	\$54.00	137513
<b>Basketball</b> Get active and learn to play basketball! Program focusing on skill development, teamwork, and sportsmanship and playing games! 	6-8Y	Tuesday 5:45-6:40pm	12 weeks Apr 2-Jun 18	Gym 1	\$72.00	137391
	6-8Y	Wednesday 4:00-4:55pm	11 weeks Apr 3-Jun 12	Gym 1	\$66.00	137392
	6-8Y	Wednesday 5:00-5:55pm	12 weeks Apr 3-Jun 19	Gym 1	\$72.00	137393
	6-8Y	Thursday 4:00-4:55pm	11 weeks Apr 4-Jun 13	Gym 1	\$66.00	137394
	6-8Y	Thursday 5:00-5:55pm	12 weeks Apr 4-Jun 20	Gym 1	\$72.00	137395
	9-12Y	Tuesday 6:45-7:40pm	12 weeks Apr 2-Jun 18	Gym 1	\$72.00	137365
	9-12Y	Wednesday 6:00-6:55pm	12 weeks Apr 3-Jun 19	Gym 1	\$72.00	137367
	9-12Y	Wednesday 7:00-7:55pm	12 weeks Apr 3-Jun 19	Gym 1	\$72.00	137368
	9-12Y	Thursday 6:00-6:55pm	12 weeks Apr 4-Jun 20	Gym 1	\$72.00	137369
	13-15Y	Tuesday 7:45-8:40pm	12 weeks Apr 2-Jun 18	Gym 1	\$72.00	137366
	13-15Y	Wednesday 8:00-8:55	12 weeks Apr 3-Jun 19	Gym 1	\$72.00	137512
<b>Kinder Karate</b> Karate skills to increase self-confidence, self-discipline, and physical health designed for the younger kids. Optional testing and uniforms may be available from the instructor at an additional cost.	4-5Y	Monday 4:00-4:55pm	9 weeks Apr 8-Jun 10	Gym 1	\$54.00	137406
	4-5Y	Monday 5:00-5:55pm	10 weeks Apr 8-Jun 17	Gym 1	\$60.00	137407
	4-5Y	Monday 6:00-6:55pm	10 weeks Apr 8-Jun 17	Gym 1	\$60.00	137408
	4-5Y	Thursday 4:00-4:55pm	12 weeks Apr 4-Jun 20	Program Room 1	\$72.00	137409
	4-5Y	Thursday 5:00-5:55pm	12 weeks Apr 4-Jun 20	Program Room 1	\$72.00	137410
	4-5Y	Saturday 9:00-9:55am	11 weeks Apr 6-Jun 22	Program Room 2	\$66.00	137411
<b>Karate</b> Karate skills to increase self-confidence, self-discipline, and physical health. Optional testing and uniforms may be available from the instructor at an additional cost.	6-8Y	Monday 7:00-7:55pm	10 weeks Apr 8-Jun 17	Gym 1	\$60.00	137397
	6-8Y	Thursday 6:00-6:55pm	12 weeks Apr 4-Jun 20	Program Room 1	\$72.00	137398
	6-8Y	Saturday 10:00-10:55am	11 weeks Apr 6-Jun 22	Program Room 2	\$66.00	137400
	9-12Y	Thursday 7:00-7:55pm	12 weeks Apr 4-Jun 20	Program Room 1	\$72.00	137399
	9-12Y	Saturday 11:00-11:55am	11 weeks Apr 6-Jun 22	Program Room 2	\$66.00	137401



# BOOK A COMMUNITY ROOM


## FREE FOR 45 MINUTES

UP TO 20 PEOPLE



SCAN TO BOOK

## Child/Youth Fitness and Sports Continued

Description	Ages	Day/Time	Duration	Room	Cost	Barcode
<b>Multisport</b> An introduction to a variety of non-competitive sports focusing on fun, recreation, basic skills building, and building self-confidence. Participants will play a variety of sports and active games in this program.	4-5Y	Saturday 9:00-9:55am	8 weeks Apr 27-Jun 22	Gym 3	\$48.00	137417
	6-8Y	Wednesday 6:00-6:55pm	9 weeks Apr 24-Jun 19	Gym 3	\$54.00	137412
	6-8Y	Saturday 10:00-10:55am	8 weeks Apr 27-Jun 22	Gym 3	\$48.00	137418
	6-8Y	Saturday 11:00-11:55am	8 weeks Apr 27-Jun 22	Gym 2	\$48.00	139046
	9-12Y	Wednesday 7:00-7:55pm	9 weeks Apr 24-Jun 19	Gym 3	\$54.00	137413
	9-12Y	Saturday 11:00-11:55am	8 weeks Apr 27-Jun 22	Gym 3	\$48.00	137416
<b>Soccer</b> This program will involve running/active games, dribbling, shooting practice, and playing soccer with a team!	4-6Y	Friday 4:15-4:55pm	11 weeks Apr 5-Jun 14	Gym 1	\$55.00	137503
	4-6Y	Friday 5:00-5:40pm	12 weeks Apr 5-Jun 21	Gym 1	\$60.00	137504
	4-6Y	Saturday 10:00-10:55am	11 weeks Apr 6-Jun 22	Gym 1	\$66.00	137506
	7-9Y	Friday 5:45-6:25pm	12 weeks Apr 5-Jun 21	Gym 1	\$60.00	137505
	7-9Y	Saturday 11:00-11:55am	11 weeks Apr 6-Jun 22	Gym 1	\$66.00	137507
	9-12Y	Saturday 12:00-12:55pm	11 weeks Apr 6-Jun 22	Gym 1	\$66.00	139013
						
<b>OUTDOOR Soccer</b>  LOCATION: Freedom CC (Soccer Fields)	4-6Y	Wednesday 4:45-5:25pm	6 weeks May 15-Jun 19	Off-site	\$30.00	139770
	4-6Y	Wednesday 4:45-5:25pm	6 weeks May 15-Jun 19	Off-site	\$30.00	139777
	7-9Y	Wednesday 5:30-6:10pm	6 weeks May 15-Jun 19	Off-site	\$30.00	139778
	7-9Y	Wednesday 5:30-6:10pm	6 weeks May 15-Jun 19	Off-site	\$30.00	139779
	10-12Y	Wednesday 6:15-7:10pm	6 weeks May 15-Jun 19	Off-site	\$36.00	139781
	10-12Y	Wednesday 6:15-7:10pm	6 weeks May 15-Jun 19	Off-site	\$36.00	139782
<b>Kids Volleyball</b> An introductory program where participants learn key skills to develop their volleyball game. Spend time playing volleyball games, with a few fun drills and skills incorporated in, as well.	8-10Y	Monday 6:00-6:55pm	8 weeks Apr 22-Jun 17	Gym 3	\$48.00	137404
<b>Youth Volleyball</b> An introductory program where participants learn key skills to develop their volleyball game and spend the majority of the program playing games, with a few fun drills and skills incorporated in, as well.	11-12Y	Thursday 6:00-6:55pm	9 weeks Apr 25-Jun 20	Gym 3	\$54.00	137515
	13-15Y	Monday 6:00-6:55pm	8 weeks Apr 22-Jun 17	Gym 2	\$48.00	137514
<b>Kids Zumba</b> Zumba® Kids classes feature kid-friendly routines based on original Zumba® choreography. We break down the steps, add games, activities, and cultural exploration elements into class.	5-10Y	Wednesday 6:00-6:40pm	9 weeks Apr 24-Jun 19	Gym 2	\$45.00	137405
<b>Zumba</b> Enjoy a Latin inspired dance aerobic workout through our easy-to-follow fitness classes. You will learn the steps and have a great workout.	13Y +	Wednesday 8:00-8:55pm	9 weeks Apr 24-Jun 19	Gym 2	\$54.00	137516

**WHY IS SPRING THE BEST TIME OF YEAR TO  
OPEN A FLOWER SHOP?**

BUSINESS IS BLOOMING!



Child/Youth Dance						
Description	Ages	Day/Time	Duration	Room	Cost	Barcode
<b>Ballet</b> Enjoy an introduction to ballet, working on rhythm and coordination! Participants will work towards a dance routine throughout the session to show to their family on the last day of the program.	2.5-4Y	Monday 4:45-5:25pm	10 weeks Apr 8- Jun 17	Program Room 2	\$50.00	137358
	2.5-4Y	Tuesday 4:45-5:25pm	12 weeks Apr 2-Jun 18	Program Room 2	\$60.00	137360
	2.5-4Y	Thursday 4:30-5:10pm	12 weeks Apr 4-Jun 20	Program Room 2	\$60.00	137361
	2.5-4Y	Friday 5:15-5:55pm	12 weeks Apr 5-Jun 21	Program Room 2	\$60.00	137363
	5-8Y	Monday 6:15-6:55pm	10 weeks Apr 8-Jun 17	Program Room 2	\$50.00	137359
	5-8Y	Thursday 6:00-6:40pm	12 weeks Apr 4-Jun 20	Program Room 2	\$60.00	137362
	5-8Y	Friday 6:45-7:25pm	12 weeks Apr 5-Jun 21	Program Room 2	\$60.00	137364
<b>Intro to Dance</b> Come enjoy a variety of dance moves each week, working on rhythm and coordination! Participants will work towards a dance routine throughout the session to show to their family on the last day of the program.	2.5-4Y	Monday 4:00-4:40pm	10 weeks Apr 8-Jun 17	Program Room 2	\$50.00	137382
	2.5-4Y	Tuesday 4:00-4:40pm	12 weeks Apr 2-Jun 18	Program Room 2	\$60.00	137384
	2.5-4Y	Thursday 3:45-4:25pm	12 weeks Apr 4-Jun 20	Program Room 2	\$60.00	137385
	2.5-4Y	Friday 4:30-5:10pm	12 weeks Apr 5-Jun 21	Program Room 2	\$60.00	137387
	5-8Y	Monday 5:30-6:10pm	10 weeks Apr 8-Jun 17	Program Room 2	\$50.00	137383
	5-8Y	Thursday 5:15-5:55pm	12 weeks Apr 4-Jun 20	Program Room 2	\$60.00	137386
	5-8Y	Friday 6:00-6:40pm	12 weeks Apr 5-Jun 21	Program Room 2	\$60.00	137388
<b>Irish Dance</b> Work on rhythm and coordination by learning traditional dance moves that originated from Ireland! Participants will work towards a final dance routine throughout the session!	5-12Y	Tuesday 5:25-6:05pm	12 weeks Apr 2-Jun 18	Program Room 2	\$60.00	137389
<b>Jazz/Hip Hop</b> Enjoy a class that incorporates jazz and hip-hop movements, improving rhythm and coordination. Participants will work towards a final dance routine throughout the session!	9-12Y	Monday 7:00-7:55pm	10 weeks Apr 8-Jun 17	Program Room 2	\$60.00	137390
Child/Youth Arts and Drama						
<b>Craft Club</b> A chance to be creative, use different materials, and make something your own! A variety of crafts will be created during this program designed for young art explorers!	4-5Y	Saturday 9:00-9:45am	11 weeks Apr 6-Jun 22	Program Room 1	\$77.00	137375
	6-8Y	Saturday 10:00-10:50am	11 weeks Apr 6-Jun 22	Program Room 1	\$88.00	137376
	9-12Y	Saturday 11:00-11:50am	11 weeks Apr 6-Jun 22	Program Room 1	\$88.00	137377
<b>Creative Fun Art with Fondant</b> Demonstration of colouring and preparing fondant for making figurines. Learn how to use fondant tools and cutter molds (making flowers, star, and other different shapes). Step by step instructions on how to make animal figurines. Cookies and cupcakes are decorated as well.	6-12Y	Wednesday 4:30-6:00pm	4 weeks Apr 3-Apr 24	Program Room 1	\$75.00	137378
	6-12Y	Wednesday 4:30-6:00pm	4 weeks May 1-May 22	Program Room 1	\$75.00	137379
	6-12Y	Wednesday 4:30-6:00pm	4 weeks May 29-Jun 19	Program Room 1	\$75.00	137380
<b>*NEW* Creative Fun Art with Ceramic</b> Get creative with ceramic clay art! Children will learn how to make clay figurines such as animals, birds, frogs, fish, lady bugs, etc. Children can be creative and choose what objects they would like to create! Self-drying clay will be used and will be painted. All supplies are included.	6-12Y	Wednesday 6:15-7:45pm	4 weeks Apr 3-Apr 24	Program Room 1	\$75.00	140203
	6-12Y	Wednesday 6:15-7:45pm	4 weeks May 1-May 22	Program Room 1	\$75.00	140205
	6-12Y	Wednesday 6:15-7:45pm	4 weeks May 29-Jun 19	Program Room 1	\$75.00	140207
<b>Kids Drama</b> Enhance your verbal and non-verbal communication skills in this creative, relationship-building class! Participate in activities that will help to nurture spontaneity, think on your feet, and build confidence with improv, skits, and a multitude of icebreakers!	8-12Y	Monday 6:00-7:30pm	10 weeks Apr 8-Jun 17	Program Room 1	\$60.00	137402

## Child/Youth Learning Opportunities

Description	Ages	Day/Time	Duration	Room	Cost	Barcode
<b>Jr. Scientist</b> Jr. scientists get to be curious and explore science with age-appropriate lessons and fun hands-on experiments! Get ready for things to grow, explode, and splatter!	4-5Y	Monday 4:00-4:50pm	10 weeks Apr 8-Jun 17	Program Room 1	\$80.00	<b>137372</b>
	4-5Y	Tuesday 4:00-4:50pm	12 weeks Apr 2-Jun 18	Program Room 1	\$96.00	<b>137396</b>
<b>Kids Science</b> Be curious and explore science with age-appropriate lessons and fun hands-on experiments! Get ready for things to grow explode and splatter!	6-8Y	Monday 5:00-5:50pm	10 weeks Apr 8-Jun 17	Program Room 1	\$80.00	<b>137373</b>
	6-8Y	Tuesday 5:00-5:50pm	12 weeks Apr 2-Jun 18	Program Room 1	\$96.00	<b>137403</b>
<b>Sr. Scientist</b> Interactive learning while children participate in hands-on science experiments. Sr. scientists will learn, design, and create their own fun science experiments using a variety of materials.	9-12Y	Tuesday 6:00-6:55pm	12 weeks Apr 2-Jun 18	Program Room 1	\$96.00	<b>137508</b>

## Adult Fitness, Sport, and Dance

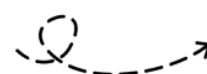
<b>Intro to Badminton</b> Learn how to play badminton! Program involves skill practice, learning of the game, and a chance to play doubles against others! Bring your own racket if you would like but this is not necessary. This is a low participant program focused on skill development and learning the game.	16Y +	Tuesday 8:00-8:55pm	9 weeks Apr 23-Jun 18	Gym 2/3	\$54.00	<b>137352</b>
<b>Drop-In Basketball</b> Looking for a place to play pickup basketball or shoot some hoops and practice your skills.	18Y +	Tuesday 8:45-10:15pm	12 weeks Apr 2-Jun 18	Gym 1	\$2.00/Drop In	
<b>Adult Hip Hop</b> Come out for some fun and enjoy learning a variety of hip hop dance moves each week. Work on rhythm and coordination! Work towards a dance routine throughout the session.	16Y +	Thursday 6:45-7:40pm	12 weeks Apr 4-Jun 20	Program Room 2	\$72.00	<b>137351</b>
<b>Intro to Pickleball</b> Learn how to play pickle ball! Program involves skill practice, learning of the game, and a chance to play in doubles against others! You can bring your own paddle if you would like but this is not necessary. This is a low participant program focused on skill development and learning of the game.	16Y +	Tuesday 6:00-6:55pm	9 weeks Apr 23-Jun 18	Gym 2/3	\$54.00	<b>137353</b>
<b>Beginner Pilates</b> Tone your entire body working from the core, including your stomach muscles, hips, glutes, lower back, side obliques and adductors. Learn the fundamentals of Pilates balance, control, concentration, coordination centering, and core stability with breathing techniques to ensure proper abdominal engagement. Please bring a mat with you.	16Y +	Tuesday 7:00-7:55pm	12 weeks Apr 2-Jun 18	Program Room 2	\$72.00	<b>137370</b>
<b>Power Core Pilates</b> This class works your entire body, leaving no muscles untouched! Power Core includes exercises that strengthen the core and spine while improving posture, flexibility, and endurance in a safe effective way. All fitness levels are welcome, and this class is perfect for the beginner who is just getting started or the Pilates enthusiast looking for a challenge. Please bring a mat with you.	16Y +	Tuesday 8:00-8:55pm	12 weeks Apr 2-Jun 18	Program Room 2	\$72.00	<b>137500</b>
		Thursday 8:00-8:55pm	12 weeks Apr 4-Jun 20	Program Room 2	\$72.00	<b>137501</b>



# BOOK A GYM SPACE

## FREE FOR 45 MINUTES

### UP TO 10 PEOPLE



SCAN TO BOOK



## Adult Fitness, Sport, and Dance Continued

Description	Ages	Day/Time	Duration	Room	Cost	Barcode
<b>Recreational Volleyball</b> Meet others in your neighbourhood by playing volleyball! This program involves casual, mildly competitive games each week. Does not require previous volleyball experience.	16Y +	Monday 7:00-8:55pm	8 weeks Apr 22-Jun 17	Gym 3	\$56.00	<b>137355</b>
<b>Intermediate Volleyball</b> Meet others in your neighbourhood by playing volleyball! This program involves mildly competitive games each week and requires previous experience playing volleyball at an intermediate level.	16Y +	Monday 7:00-8:55pm	8 weeks Apr 22-Jun 17	Gym 2	\$56.00	<b>137354</b>
<b>Advanced Volleyball</b> Meet others in your neighbourhood by playing volleyball! This program involves mildly competitive games each week and requires previous experience playing volleyball at an advanced level.	16Y +	Thursday 7:00-8:55pm	9 weeks Apr 25-Jun 20	Gym 3	\$63.00	<b>137349</b>
<b>Baby &amp; Me Yoga</b> A fun class for parents and babies up to 12 months that allows parents and baby to bond through movement while gaining strength and flexibility. Please bring your own mat.	16Y +	Wednesday 10:45-11:45am	12 weeks Apr 3-Jun 19	Program Room 2	\$78.00	<b>137356</b>
<b>Beginner Yoga</b> This class is for the level one or the first-time yogi. Come relax your mind and body as we move through yoga poses to gain strength and flexibility. Please bring your own mat.	16Y +	Wednesday 5:15-6:15pm	12 weeks Apr 3-Jun 19	Program Room 2	\$78.00	<b>137371</b>
<b>Gentle Yoga</b> Take time to breathe and relax during this slow-paced gentle yoga practice. Enjoy the benefits of movements while building strength and flexibility. Please bring your own mat.	16Y +	Wednesday 9:30-10:30am	12 weeks Apr 3-Jun 19	Program Room 2	\$78.00	<b>137381</b>
<b>Slow Flow Yoga</b> Make time to connect with mind, body and breath while moving through each pose. Please bring your own mat.	16Y +	Wednesday 6:30-7:30pm	12 weeks Apr 3-Jun 19	Program Room 2	\$78.00	<b>137502</b>
<b>Yin Yoga</b> Yin yoga is a slow-paced stationary practice which poses are held for longer periods of time. In stillness, the practice of yin targets immobility. Please bring your own mat.	16Y +	Wednesday 7:45-8:45pm	12 weeks Apr 3-Jun 19	Program Room 2	\$78.00	<b>137511</b>
<b>Zumba Gold</b> Perfect for active older adults who are looking for a modified Zumba® class that recreates the original moves you love at a lower intensity.	18Y +	Wednesday 7:00-7:40pm	9 weeks Apr 24-Jun 19	Gym 2	\$45.00	<b>137517</b>
<b>Zumba</b> Enjoy a Latin inspired dance aerobic workout through our easy-to-follow fitness classes. You will learn the steps and have a great workout.	13Y +	Wednesday 8:00-8:55pm	9 weeks Apr 24-Jun 19	Gym 2	\$54.00	<b>137516</b>

## Child/Youth and Adult Music

**To register for a session of piano lesson, enter the program code from the DAY of the week you wish to have lessons on.  
From that code ALL program time slots will be shown for you to select from. Piano lessons run in 30 minutes increments.**

<b>Piano Lessons</b> Learn how to play piano through a private class with our professionally trained instructor. Available for a wide range of abilities. A piano or keyboard at home is recommended for practice.	6Y +	Monday 3:00-9:00pm	10 weeks Apr 8-Jun 17	Piano Room	\$250.00	<b>137433</b>
	6Y +	Tuesday 3:00-9:00pm	12 weeks Apr 2-Jun 18	Piano Room	\$300.00	<b>137470</b>
	6Y +	Wednesday 3:00-9:00pm	12 weeks Apr 3-Jun 19	Piano Room	\$300.00	<b>137485</b>
	6Y +	Thursday 3:00-9:00pm	12 weeks Apr 4-Jun 20	Piano Room	\$300.00	<b>137455</b>
	6Y +	Friday 3:00-8:00pm	12 weeks Apr 5-Jun 21	Piano Room	\$300.00	<b>137420</b>
	6Y +	Saturday 9:00am-12:00pm	11 weeks Apr 6-Jun 22	Piano Room	\$275.00	<b>137448</b>



## City of Kitchener Direct Programs

### Adult Programs (HST included)

Description	Ages	Day/Time	Duration	Room	Cost	Barcode
<b>Gentle Yoga</b> Combine gentle yoga poses with breathing exercises and restorative postures to stretch and strengthen the body, reduce stress, and calm the mind. No yoga experience is required.	18Y +	Tuesday 9:45-10:45am	9 weeks Apr 2-May 28	Room 2	\$73.22	<b>136410</b>
	55Y +				\$60.10	
<b>Pilates Basic</b> If you are a new Pilates student, this is the class for you. We will focus on the Pilates Principals and the classic mat sequence. Learn the benefit of breathing in Pilates movement. You'll develop a strong inner core while helping sculpt long, lean muscles.	18Y +	Tuesday 11:00am-12:00pm	9 weeks Apr 2-May 28	Room 2	\$73.22	<b>136487</b>
	55Y +				\$60.10	
<b>SMART™ Group Exercise Classes</b> Join us for a free exercise program led by SMART™ staff. Each class includes a warm-up, aerobic endurance, cool down, balance, strength, and flexibility movements. All classes can be done seated or standing.	55Y +	Thursday 9:45-10:45am	11 weeks Apr 4-Jun 13	Gym 1	FREE	<b>136374</b>
<b>Pickleball Clinic for Beginners</b> New to Pickleball and are interested in learning how to play a new sport, or just wanting to learn a few more skills strategies and rules of the game? Then this 3 hour pickleball clinic is for you.	18Y +	Wednesday 12:45-3:45pm	1 day May 1	Gym 1	\$24.41	<b>136471</b>
	55Y +				\$20.03	

### Child/Youth Drop-Ins

<b>Kids Drop In (KDI)</b> Children are invited to join for drop-in programming, supported by trained staff, participants will have the opportunity to participate in a rotation of sports, arts and crafts, and games or homework help in age-appropriate groupings. <b>No registration required.</b>	9-11Y	Sunday 1:00-2:30pm	14 weeks Mar 3-Jun 9	<b>140953</b> <b>NO REGISTRATION REQUIRED</b>	
<b>Youth Drop In (YDI)</b> Youth Drop In (YDI) is a FREE weekly, drop-in program that allows participants ages 12-17 to hang out in a supported space with our staff and engage in different themes, games, and activities. Each week, activities will include a rotation of sports (basketball, soccer, etc.), art and crafts, group games, board games and so much more. <b>No registration required.</b> <b>Tween: Grades 6-8 (min age 12Y)</b> <b>High School: Grades 9-12 (max age 17Y)</b>	12-17Y	Thursday 7:00-9:00pm	20 weeks Jan 18-Jun 6	<b>131405</b> <b>NO REGISTRATION REQUIRED</b>	
	TWEEN	Friday 6:30-7:45pm	21 weeks Jan 19-Jun 7	<b>131406</b> <b>NO REGISTRATION REQUIRED</b>	
	HIGH SCHOOL	Friday 8:00-9:15pm			
	12-17Y	Sunday 3:00-5:00pm	14 weeks Mar 3-Jun 9	<b>140835</b> <b>NO REGISTRATION REQUIRED</b>	

### Child/Youth Camps

<b>PD Day Camp</b> PD Camps are sure to be a highlight for your child and help to develop friendships, learn new skills, and celebrate creativity!	4-11Y	Monday 9:00am-4:00pm	1 day Apr 1	\$29.60	<b>137929</b>
	4-11Y	Friday 9:00am-4:00pm	1 day Apr 19	\$29.60	<b>137937</b>
	4-11Y	Friday 9:00am-4:00pm	1 day May 31	\$29.60	<b>137945</b>

**LOOKING FOR MORE CITY DIRECT PROGRAMS?**

**SCAN HERE TO VISIT OUR WEBSITE!**



# EXTENDED HOURS



THE HURON COMMUNITY CENTRE HAS NOW ROLLED OUT EXTENDED HOURS ON WEEKENDS TO OFFER MORE GREAT PROGRAMS!

OUR NEW HOURS WILL BE:  
SATURDAYS FROM 9:00AM - 5:00PM  
SUNDAYS FROM 1:00PM - 5:00PM

WATCH FOR ADDITIONAL PROGRAM OFFERINGS BY THE HCA AND CITY OF KITCHENER, OR ASK OUR FRONT DESK STAFF FOR MORE INFORMATION!



Councillor **Ayo Owodunni**  
Ward 5



Hello Neighbours!

A big thank you to the Huron Community Association (HCA) for their great work in planning and providing the winter programming! Check out the exciting programming they are offering this spring in the guide!

Don't forget to register for spring programs. Registration for spring programs and swimming lessons start on March 5<sup>th</sup>, and registration for summer camps start on March 19<sup>th</sup>. Lots of exciting things going on!

There is an important project in the works for our Huron Natural Area. We are developing a plan for the management, restoration and stewardship of the park for the next 10 years. The Huron Natural Area has evidence of Indigenous settlement dating back hundreds of years, and today, it is one of the largest natural spaces in the city, with more than 250 acres of protected forest and wetland. It is a habitat for many different flora and fauna species, supporting vital biodiversity in our city. Moreover, it provides space for people to walk, play and enjoy nature. In Spring 2024, we will be planning our first community workshop to learn more about what the public values most about Huron Natural Area. Please visit [www.engagewr.ca/OurPlanforHuron](http://www.engagewr.ca/OurPlanforHuron) to learn more.

Do you have a city-related question or comment? Please be in touch! I'm always happy to hear from you.

Sincerely,

Councillor Ayo Owodunni – Ward 5

Email: [ayo.owodunni@kitchener.ca](mailto:ayo.owodunni@kitchener.ca)

Office: 519-741-2791

@ayoowodunni

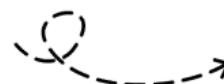
Cell: 519-897-5019

ayo.owodunni



## HURON NATURAL AREA

SCAN FOR PROGRAM DETAILS



# HURON CC WORD HUNT

Pssst!  
Find all our programs in the word hunt for a FREE sticker! Bring your completed word hunt to the front desk to claim your PRIZE!  
Happy Hunting!



C	L	M	M	U	L	T	I	S	P	O	R	T	I
V	A	T	I	B	P	I	A	N	O	L	R	L	R
O	H	O	N	B	T	B	D	A	N	C	E	A	N
L	J	I	A	N	C	A	C	L	S	B	E	R	A
L	A	B	B	R	E	D	A	S	A	A	S	H	N
E	Z	N	A	Y	D	M	B	O	T	L	C	I	F
Y	Z	C	Z	O	R	I	M	C	M	L	I	P	H
B	A	B	Z	G	A	N	U	C	C	E	E	H	B
A	B	Z	J	A	M	T	Z	E	L	T	N	O	C
L	L	E	Z	I	A	O	P	R	Y	M	C	P	L
L	B	T	B	V	E	N	P	E	T	O	E	H	N
S	L	L	B	A	C	R	A	F	T	C	L	U	B
I	F	T	L	A	K	A	R	A	T	E	L	A	T
E	L	L	A	B	T	E	K	S	A	B	E	S	R

DRAMA  
 YOGA  
 BASKETBALL  
 PIANO  
 CRAFT CLUB  
 HIP HOP  
 BADMINTON  
 VOLLEYBALL  
 MULTISPORT  
 BALLET  
 ZUMBA  
 DANCE  
 SCIENCE  
 JAZZ  
 SOCCER  
 KARATE

PROGRAMS I WANT TO ENROLL IN:

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Don't forget to add these to your ActiveNet Wish List to easily find them on June 6th!

Karate

#115616 / Age At least 6 but less than 9

Huron County

July

Wed

Successfully added to your Wish List!

[View Wish List](#)

\$54.00



#neighboursday  
#lovemyhood

Save the Date  
for Neighbours Day

June 15

[www.kitchener.ca/NeighboursDay](http://www.kitchener.ca/NeighboursDay)